

SUGGESTED USE Mix one or more scoops of **Marine Collagen Peptides with MSM** with water or a beverage of your choosing. It can be added easily to any smoothie; however, when mixing directly with water or juice, it dissolves most readily if liquid is at room temperature or warmer. This product is most effective when used as part of a healthy diet and active lifestyle, along with one of **ANDREW LESSMAN'S** multi-vitamins and/or his **Healthy Hair Skin and Nails** formula. **For answers to questions about the use of this product, call 800.808.7311.**

Notice: This product is a food supplement and not intended for weight-loss. This package is sold by weight, not by volume. It contains the full weight indicated on the label. Settling of contents can occur during shipment.



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Andrew Lessman
Founder of ProCaps Labs



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MARINE COLLAGEN PEPTIDES

WITH
MSM (METHYL-SULFONYL-METHANE)

SKIN • JOINTS • NAILS • HAIR • BONE • BLOOD VESSELS
PURE • NON-GMO • FAT-FREE • SUGAR-FREE



DIETARY SUPPLEMENT

34.9 oz (2.2 lb) (990 g) • 180 Servings

Andrew Lessman's MARINE COLLAGEN PEPTIDES WITH MSM provides a unique source of highly soluble and absorbable Collagen Peptides, selected for their ability to deliver benefits to the vital Collagen structure of our Skin, Hair and Nails, as well as our Joints, Bones and Blood Vessels. To further enhance and promote protein synthesis in these critical tissues, we also include 500 mg of Methyl-Sulfonyl-Methane (**MSM**), an exceptional source of highly bioavailable organic Sulfur. Our **Marine Collagen Peptides** mixes easily with water and is flavor-neutral, while also free of carbohydrate, sugar, lactose, fat, cholesterol and sodium. It is non-GMO (Not Genetically Modified) and contains no added flavors, sweeteners or preservatives. Collagen is the primary structural protein in the body, comprising almost one third of the body's entire protein mass. The healthy structure and function of our skin, bones, blood vessels and connective tissues are built upon a foundation of Collagen Protein. The healthy appearance of our skin is dependent upon the integrating structure provided by Collagen Protein, which is why it is so often deceptively used in so many topical beauty products. Unfortunately, slathering Collagen Protein on the outside of our body does absolutely nothing for the internal collagen structure. The only way that Collagen Peptides can affect the structure of the skin is to deliver them where they can be utilized – inside our body. That is the basis for the uniquely soluble and absorbable Marine Collagen Peptides in this formula.

It is an unfortunate fact of life that, as we age, our skin loses its youthful flexibility and resilience. This loss of tone and elasticity results from, among other things, changes in the skin's integrating Collagen structure. Similarly, our joints, blood vessels and bones depend on Collagen for their strength and flexibility throughout our lifetime. In fact, this collagen-based loss of resilience, whether in the wrinkling of our skin or the reduced flexibility of our joints and blood vessels, are the most visible signs and symptoms of aging. These tissues endure a lifetime of stress and there is no molecule more central to their youthful strength and resilience than Collagen Protein. Accordingly, our **Marine Collagen Peptides** provides a uniquely soluble and highly absorbable source of the precise peptides required to build, maintain and promote healthy Collagen-based tissues. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, starch, fat, cholesterol, oil, emulsifier, wax, binder, filler, excipient, lubricant, coating, diluent, flowing agent, color, flavor, sweetener or preservative.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts		
Serving Size 1 Scoop (5.5 g) (3 ½ tsp.)		
Servings Per Container 180		
Amount Per Serving	%DV*	
Calories	20	
Protein	5 g	10%
Marine Collagen Peptides	5 g	†
MSM (as methylsulfonylmethane)	500 mg	†
* Percent Daily Values (%DV) are based on a 2,000 calorie diet.		
† Daily Value not established.		

CONTAINS Primary ingredient is derived from fish (tilapia).