SUGGESTED USE Consume one or two capsules daily or as recommended by your physician. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle, along with a daily multi-vitamin-mineral formula. For questions about the use of this product call 800.808.7311.





CINNAMON 350

350 MG STANDARDIZED EXTRACT SUPPORTS HEALTHY GLUCOSE METABOLISM



360 Easy-to-Swallow Capsules

Andrew Lessman's CINNAMON 350 offers a unique concentrated blend of standardized extracts of Cinnamon Bark delivering the powerful protective compounds naturally present in this popular and respected spice. For centuries, Cinnamon has been sought after, not only for its distinctive flavor, but also for its health-promoting properties. In fact, Cinnamon remains one of the oldest herbal remedies used in traditional Chinese medicine. Recently, Cinnamon has gained popularity for its ability to help support healthy blood sugar balance and glucose metabolism. Research attributes these benefits to the powerful activity of the Type-A polyphenols present in Cinnamon Bark Extract. Our Cinnamon 350 delivers a comprehensive standardized blend of Type-A polymers from three unique Cinnamon extracts. As with all plant-based supplements, there is more to making a quality Cinnamon product than placing some ordinary, powdered Cinnamon into a pill. To receive the benefits of Cinnamon, one must always seek standardized extracts of Cinnamon Bark delivering beneficial

levels of their key protective compounds. Our unique, concentrated blend of three distinct standardized extracts of Cinnamon Bark assures the most comprehensive and broadest spectrum protection from this remarkable

natural ingredient. These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease. CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens

or manufacturing additives. CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts Serving Size 1 Capsule Servings Per Container 360		
Amount Per Serving		%DV*
Vitamin C (as calcium ascorbate/ascorbyl palm		33%
Cinnamon Bark Blend (Cinnamomun extract/powder (bark)	n cassia) 350 mg	<u>†</u>
standardized to 8% Flavones	200 mg	
standardized to 3% Type A Polymers	100 mg	
4-1 Concentrate	50 mg	

\* Percent Daily Values (%DV) are based on a 2.000 calorie diet.

Other Ingredients: Natural plant cellulose (acid resistant) vegetarian capsule.

† Daily Value not established