

Suggested usage: 3 capsules per day or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Three Brains® is a line of supplements designed to support the critical relationship between our head, heart, and gut. Together, these three “brains” influence our cognition and support a healthy mind.*

Brain Defense supports memory, cognition, brain function, and cardiovascular health by supporting healthy cortisol and C-reactive protein levels already within the normal range.* These are the biomarkers of physical stress and signs of everyday stress such as fatigue, occasional sleeplessness, irritability, mild memory loss, and temporary difficulties concentrating.* It also supports an acute healthy inflammatory response for a healthy head, heart, and gut.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



LOT & EXPIRY
0.6875"x 0.4375"
Double Line

DIETARY SUPPLEMENT

BRAIN DEFENSE



Supports memory and overall brain function
through healthy inflammatory responses*

90 vegetarian capsules

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Boswellia Extract (<i>Boswellia serrata</i>) (stem bark oleogum resin)	600 mg	**
Boswellia Acids (40%)	240 mg	**
Chamomile Extract 4:1 (<i>Chamomilla recutita</i>) (flower)	400 mg	**
Bacopa Extract 20:1 (<i>Bacopa monnieri</i>) (aerial)	300 mg	**
Bacosides (50%)	150 mg	**
Curcumin Phytosome Complex [<i>Curcuma longa</i> (root) with phosphatidylcholine (sunflower lecithin)]	500 mg	**
Curcuminoids (18–22%)	90–110 mg	
Sensoril® Ashwagandha Extract (<i>Withania somnifera</i>) (root and leaf)	250 mg	**
Withanolides (8%)	20 mg	

** Daily Value not established.

Other ingredients: Vegetarian capsule (carbohydrate gum [cellulose], purified water), microcrystalline cellulose, magnesium stearate (vegetable grade), silica.

Sensoril® is a registered trademark of Natreon, Inc. and is protected under U.S. Patents 6,153,198 & 7,318,938.
Isura™ is a trademark of ISURA.

Recyclable container and label.

**natural
Factors**®

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**Purity & Potency
Guaranteed**