

Recommended Dosage: As a dietary supplement, take 1 Packet of No. 50 Vita-Man daily with a glass of water or juice. (Each packet contains 1 tablet of each of the following: No. 28, No. 38 Iron Free, No. 58, No. 92, WH and WHP.) For optimum results, use this product with other Wachters' supplements.

THIS PRODUCT WAS SEALED FOR YOUR PROTECTION. DO NOT USE IF SEAL HAS BEEN TAMPERED WITH.

Keep out of reach of children

No. 50, Vita-Man is an exclusive scientific formulation designed to support the unique nutritional needs of a man. This product contains antioxidants Natural Vitamins E, C and A (Beta Carotene) plus high levels of B vitamins. This combination contains at least 100 % of the U.S. Daily Value for 14 Vitamins and Minerals. Vitamins E and C may reduce oxidative damage and improve circulation. Vitamin C can help prevent fat accumulation in blood vessels. The B vitamins may help strengthen the kidneys, improve energy levels and reduce nervousness. Selenium enhances Vitamin E uptake and is a vital antioxidant. **Zinc** is important in prostate gland function. Male specific herbs like **Saw Palmetto Berries** and **Pygeum Bark** have been included because they contain substances that may inhibit the formation of DHT from testosterone, which may limit the effect of potentially harmful hormones. Several studies have shown that Saw Palmetto and Pygeum enhance each other. **Lycopene** is a powerful antioxidant which appears to concentrate in the prostate area more so than in other parts of the body. Lycopene is a phytochemical that humans cannot produce, we must ingest fruits or supplements, absorb the lycopene, and process it for use in the body. *

* This Statement has not been evaluated by the Food and Drug Administration.
This Product is not intended to diagnose, treat, cure or prevent any disease.

This, like all of our products, contains the Wachters' Exclusive Blend of Sea Vegetation®, a unique combination comprising up to 15 different species of the highest quality sea vegetation from around the world, which serves as a synergistic activator of the other ingredients in this product, thereby enhancing their effectiveness.

Wachters' Organic Sea Products dietary supplements contain no preservatives, yeast, artificial colorings, artificial flavorings, sugar, starch or animal products. No heat, moisture or chemicals are used in preparation of Vita-Man.

WACHTERS'



No. 50

Vita-Man

A Multi-Vitamin/Mineral and Herbal Dietary Supplement

Dietary Supplement
180 Tablets / 30 Packets

Supplement Facts

Serving Size: 1 Packet of 6 Tablets
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (as beta carotene)	6000 IU	120%
Vitamin C (as ascorbic acid, rose hips, acerola)	1150 mg	1917%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl, mixed tocopherols)	556 IU	1853%
Thiamin (as mononitrate)	50 IU	3335%
Riboflavin (as riboflavin)	50 mg	2943%
Niacin (as niacin and niacinamide)	55 mg	275%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg	2500%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	50 mg	500%
Calcium (as carbonate, amino acid chelate)	540 mg	54%
Magnesium (as oxide, succinate, amino acid chelate)	100 mg	25%
Zinc (as picolinate, succinate, gluconate, amino acid chelate)	56.4 mg	376%
Selenium (as amino acid chelate)	120 mcg	171%
Copper (as gluconate)	500 mcg	25%
Manganese (as gluconate)	1.5 mg	75%
Chromium (as chromium complex TM)*	50 mcg	42%
Potassium (as chloride, amino acid chelate)	8.5 mg	0%
Para Amino benzoic Acid	35 mg	*
Choline Bitartrate	25 mg	*
Inositol	25 mg	*

Proprietary Blend consisting of: 1700 mg *

Wachters' Exclusive Blend of Sea Vegetation® Deodorized Garlic Clove (*Allium sativum*), Hawthorne Berries (*Crataegus oxyacantha*) Saw Palmetto Berries Extract and Powder (*Serenoa repens*), Kudzu Root (*Pueraria lobata*), Ribonucleic Acid, Pygeum Bark Standardized Extract (*Prunus africana*), Pumpkin Seed (*Curcubita pepo*), Chlorophyll, Oat Straw (*Avena sativa*), Uva Ursi Leaves (*Arctostaphylos uva-ursi*), Lemon Bioflavonoids, Deoxyribonucleic Acid, Wild Yam Root Extract (*Dioscorea villosa*), Korean Ginseng Root (*Panax ginseng*), Eleuthero Root (*Eleutherococcus senticosus*), Astragalus Root (*Astragalus membranaceus*), Rutin, Hesperidin Complex, Lycopene, Tomato Powder, Papain, Lecithin, Cayenne Pepper (*Capsicum annum*), and Bromelain.

* Daily Value not established

'Wachters' Exclusive Blend of Sea Vegetation™, is a registered trademark of Wachters' Organic Sea Products and is an exclusive combination of multi-marine plant sources.

Ferronyl, is a registered trademark of ISP Corporation

* Chromium Complex TM is a proprietary blend of chromium (as nicotinate, picolinate+, amino acid chelate, aspartate, polynicotinate. + Chromium Picolinate U.S. Patent No. 33,988 by Nutrition 21

Manufactured By: Wachters' Organic Sea Products
Daly City, CA 94014

To report a serious adverse event or obtain
product information, call 1-800-682-7100
www.wachters.com

Made in U.S.A.
Code # 5435