

## PRODUCT #11880

**DIRECTIONS:** As a dietary supplement, take three (3) capsules before bed. Dosage may be increased as directed by a healthcare practitioner. Our products contain organically grown herbs, when available.

Double-sealed for your protection.

Do not use if outer seal is broken or missing.

**CAUTION:** If you have a medical condition, are planning any medical procedure, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications (especially SSRIs, MAO inhibitors, anti-depressants, sedatives, or drugs for Parkinson's or psychiatric disorders), consult your healthcare professional before using this product. Do not take with alcoholic beverages or when operating machinery or driving a vehicle. **KEEP OUT OF REACH OF CHILDREN.**

**⚠WARNING:** Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

Consumer Information Services  
Voice Mail: 800-845-2730

Certified Kosher.



Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.

Made in the U.S.A.

Family owned and operated

⚠This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



HEALTHCARE  
SOLUTIONS  
SINCE 1984

Michael's® Naturopathic Programs



# Sleep Factors™



CONTAINS  
5-HTP &  
MELATONIN

30 vegan  
capsules

dietary supplement  
**Synergistically Complete**

## Supplement Facts

Serving Size: Three (3) Veggie Caps  
Servings Per Container: 10

| Amount Per Serving               | % Daily Value |      |
|----------------------------------|---------------|------|
| Niacin (as Niacinamide)          | 10 mg         | 63%  |
| Biotin                           | 50 mcg        | 167% |
| Calcium (as Calcium Citrate)     | 200 mg        | 15%  |
| Magnesium (as Magnesium Citrate) | 200 mg        | 48%  |

|                                                                                                                                                                                                                                                                  |               |          |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|----------|
| <b>Proprietary Blend</b>                                                                                                                                                                                                                                         | <b>300 mg</b> | <b>*</b> |
| Inositol, 5-HTP (5-Hydroxytryptophan) ( <i>Griffonia simplicifolia</i> ) (Seed), American Skullcap (Aerial Parts) ( <i>Scutellaria lateriflora</i> ), Hops Flower ( <i>Humulus lupulus</i> ) and Passionflower (Leaf and Flower) ( <i>Passiflora incarnata</i> ) |               |          |

|                  |                |          |
|------------------|----------------|----------|
| <b>Melatonin</b> | <b>300 mcg</b> | <b>*</b> |
|------------------|----------------|----------|

\*Daily Value not established.

**OTHER INGREDIENTS:** Hypromellose (Capsule), Microcrystalline Cellulose, L-Leucine and Dicalcium Phosphate.

MANUFACTURED FOR  
**MICHAEL'S® NATUROPATHIC PROGRAMS**  
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