Menstruation isn't just inconvenient, it may also be painful, especially when it is accompanied by cramping, bloating, and mild mood changes. **Menstrual Reg** is designed with herbs traditionally used to help with these symptoms.*

RECOMMENDATION

Take two to three capsules with a meal three times daily.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Pregnant or lactating women should consult their health care professional prior to taking this supplement.

This bottle was sealed for your protection. Do not use if inner seal is missing or damaged. Nature's Sunshine uses natural source materials that are subject to color variation.

Product of U.S.A.





MENSTRUAL REG

• Formulated With Herbs Traditionally Used to Help Support a More Comfortable Menstrual Cycle.*

Dietary Supplement

00 VegCaps

Stock No. 1125 NATURE'S SUNSHINE PRODUCTS, INC.

Spanish Fork, Utah 84660 1-800-223-8225 naturessunshine.com

Supplement Facts

Serving Size 3 VegCaps Servings Per Container 33

Amount Per 3 VegCaps

Proprietary Blend

1066 mgt

Lady's Mantle Aerial Parts (Alchemilla vulgaris)

Shepherd's Purse Aerial Parts (Capsella bursa-pastoris)

Yarrow Aerial Parts (Achillea millefolium)

Yarrow Leaf & Flower Extract (Achillea millefolium)

Black Haw Bark (Viburnum prunifolium)

Nettle Leaf (*Urtica dioica*)

Chaste Tree Berry Extract (Vitex agnus-castus)

Sarsaparilla Root Extract (Smilax officinalis)

False Unicorn Root (Chamaelirium luteum)

†Daily Value not established.

Other Ingredients: Vegetable capsule (hypromellose, water), cellulose.



