



Suggested usage: Chew 1 tablet at bedtime or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Tranquil Sleep Extra Strength formula is a unique combination of compounds that support relaxation and enhance natural sleep quality.* In a tasty, tropical fruit-flavored chewable tablet. Also available in Regular Strength.

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272



Recyclable container and label.

LOT & EXPIRY 1.3125" x .25" Single Line

Stress-Relax[®]

EXTRA STRENGTH

Tranquil Sleep[®]

5-HTP, Suntheanine[®] & Melatonin
60 Chewable Tablets

ADVANCED FAST ACTING FORMULA



Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 g	<1%‡
Total Sugars	1 g	**
Includes 1 g Added Sugars		2%‡
Suntheanine [®] L-Theanine	200 mg	**
5-Hydroxytryptophan (5-HTP) (<i>Griffonia simplicifolia</i>) (seed)	15 mg	**
Melatonin	6 mg	**

‡ Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other ingredients: Organic cane sugar, stearic acid, xylitol, silica, flavor (banana, mango, passionfruit, pineapple, pomegranate, peach), citric acid, magnesium stearate (vegetable grade).

Isura[™] is a trademark of ISURA.

Suntheanine[®] is a registered trademark of Taiyo International, Inc.

