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## ABOUT US

At Samsara Herbs, we believe that all positive change in the world must first begin with positive change from within. We invite you to tap into your own infinite power through the use of our potent herbal extracts!

We seek out only the highest quality, premium herbs to produce our concentrated extracts, sourced from some of the top indigenous growers from around the world.

Samsara Herbs, dedicated to empowering your life force!

## DESCRIPTION

The origins of Kava Kava are found in the South Pacific Islands, where its history of use dates back for centuries. Kava Kava is, arguably, the epitome of a calming and relaxing herb. It is believed to be helpful in maintaining healthy stress levels, reducing restlessness and regulating normal sleep cycles.††

## CONTAINS

Kava Kava 30% Kavalactones

†† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



## STORAGE

Cool dry place, out of direct sunlight.

**CAUTION:** If you have a medical condition, are pregnant or taking medications, consult your health care professional before using this product. Keep out of reach of children.



SAMSARA  
HERBS

**Kava Kava**

(30% KAVALACTONES)

STANDARDIZED



**60 VEGAN CAPSULES  
DIETARY SUPPLEMENT**

## Supplement Facts

Serving Size: 1 Capsule (320 mg)  
Servings Per Container: 60

### Amount Per Serving

Kava Kava (root; Piper methysticum; 30% kavalactones)	320 mg
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**Other Ingredients:** Vegetable cellulose (capsule)

Distributed by  
Samsara Herbs Inc.  
Syracuse, UT 84075

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[www.SamsaraHerbs.com](http://www.SamsaraHerbs.com)

## Suggested Use:

Take 1 Capsule 1-2 times per day or as recommended by your healthcare professional. Start with 1 capsule initially to assess tolerance. Maximum use of 3 months. Following this take a 2 week break from use before continuing.