

Amount Per Serving	%DV
Greens Blend	1,550 mg ***
Chlorella Powder (Cracked Cell Wall), Barley Grass, Spirulina, Alfalfa Juice Powder, Dandelion Leaf Powder, Watercress Powder	
Spectra™ ORAC 4,000	100 mg ***
Green Coffee Extract, Green Tea Extract, Broccoli Sprout Concentrate, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Concentrate, Quercetin, Tomato Concentrate, Broccoli Concentrate, Acai Concentrate, Turmeric Concentrate, Garlic Concentrate, Basil Concentrate, Oregano Concentrate, Cinnamon Concentrate, Carrot Concentrate, Elderberry Concentrate, Mangosteen Concentrate, Black Currant Extract, Blueberry Extract, Sweet Cherry Concentrate, Blackberry Concentrate, Chokeberry Concentrate, Raspberry Concentrate, Spinach Concentrate, Kale Concentrate, Bilberry Extract, Brussels Sprout Concentrate	
Unique IS-2™ (Bacillus Coagulans IS-2)*	4 Billion CFU ***
Ashwagandha Extract	100 mg ***
1.5% Withanolides (<i>Withania somnifera</i>) (leaf and root)	
Bacopa Extract (<i>Bacopa monnieri</i> L.) (aerial)	100 mg ***
Digestive Enzyme Blend	15 mg ***
Papain, Bromelain	
**Percent Daily Values (DV) are based on a 2,000 calorie diet	
***Daily Value (DV) not established	

Other Ingredients: Soluble Corn Fiber, Natural Flavors, Inulin, Gum Blend (Organic Gum Acacia, Organic Guar Gum, Xanthan Gum), Maltodextrin, Stevia.

FREE OF: Gluten, Wheat, Dairy, Soy, Artificial Flavor and Color.

Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your healthcare practitioner before taking any dietary supplement. Avoid this product if you are allergic to yeast, ragweed or daisy-like flowers. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if torn or damaged.

WARNING: This product contains a chemical known to the state of California to cause birth defects or other reproductive harm.

Spectra™ is a trademark of VDF FutureCeuticals, Inc., used under license.

VitaShine D3™ and  are trademarks of ESB Developments, Ltd.

Unique IS-2™ is a trademark of Unique Biotech Limited.

Ester-C® and Ester-C® are registered trademarks of The Ester C Company. U.S. Patent Nos. 6,878,744 and 6,197,813.

*At time of manufacture

Product of Canada

Carefully Manufactured for:
Solgar, Inc., 500 Willow Tree Road
Leonia, NJ 07065 U.S.A.

For more information,
call toll-free

1-877-SOLGAR 4
www.solgar.com
© 2018 Solgar, Inc.
18-65737

SOLGB65725 03A

LOT/EXP

NOT FOR RESALE



Spoonfuls

VEGAN PROTEIN NUTRITIONAL SHAKE

VANILLA
CHAI
FLAVOR



GREAT TASTE | MIXES SMOOTHLY

NON-GMO

SUITABLE FOR VEGANS

GLUTEN, WHEAT & DAIRY FREE

ONE PACKET CONTAINS:

20 grams of complete plant protein

Excellent source of fiber

4 Billion CFU* - live unique IS-2™ probiotic

4,000 Spectra™ ORAC antioxidant activity

100% of DV of 15 key vitamins & minerals

Dietary Supplement

Net Weight 1.4 oz. (41 g)

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

RECOMMENDED USE: For adults, mix one (1) packet (41g) in 12 ounces of your favorite non-dairy beverage of choice and blend or shake vigorously once daily. May also be blended with fresh fruit.

SUPPLEMENT FACTS

Serving Size: 1 packet (41g)

Amount Per Serving	%DV
Calories	150
Calories from Fat	25
Total Fat	3 g 5%**
Saturated Fat	1 g 5%**
Total Carbohydrate	12 g 4%**
Dietary Fiber	7 g 28%**
Sugars	<1 g ***
Protein	20 g 30%**
Vitamin A (as Retinyl Palmitate)	5,000 IU 100%
Vitamin C (as Ester-C® Calcium Ascorbate)	60 mg 100%
Vitamin D3 (as Cholecalciferol from Lichen)	400 IU 100%
Vitamin E (as d-Alpha Tocopherol)	10 IU 33%
Vitamin K (as Phytonadione)	50 mcg 63%
Thiamin (Vitamin B1 (as Thiamin Hydrochloride)	1.5 mg 100%
Riboflavin (Vitamin B2)	1.7 mg 100%
Niacin (as Nicotinic Acid)	20 mg 100%
Vitamin B6 (as Pyridoxine Hydrochloride)	2 mg 100%
Folic Acid	400 mcg 100%
Vitamin B12 (as Cyanocobalamin)	6 mcg 100%
Biotin	150 mcg 50%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg 100%
Calcium (as Tricalcium Phosphate)	200 mg 20%
Iron (as Ferric Glycinate)	9 mg 50%
Phosphorus (as Potassium Phosphate, Tricalcium Phosphate)	250 mg 25%
Iodine (as Potassium Iodide)	80 mcg 53%
Magnesium (as Magnesium Bisglycinate Chelate)	40 mg 10%
Zinc (as Zinc Bisglycinate Chelate)	7.5 mg 50%
Selenium (as Selenium Glycinate Complex)	70 mcg 100%
Copper (as Copper Bisglycinate Chelate)	2 mg 100%
Manganese (as Manganese Bisglycinate Chelate)	2 mg 100%
Chromium (as Chromium Yeast)	120 mcg 100%
Molybdenum (as Molybdenum Glycinate Chelate)	75 mcg 100%
Sodium	200 mg 8%
Potassium (as Potassium Phosphate, Potassium Iodide)	220 mg 6%
Complete Protein Blend	20 g ***
Pea Protein Isolate, Brown Rice Protein, Hemp Seed Protein, Pumpkin Seed Protein	
Omega-3 EPA Blend Flaxseed Powder	4 g ***