

Product Information

Glucosamine occurs naturally in the body where it plays a role in the smooth working of the joints and helps maintain connective tissues. Chondroitin is part of a large protein molecule which is found within cartilage, offering structure and elasticity. MSM is often said to be the 'perfect partner' for Glucosamine as a combination of these two beneficial nutrients is thought to work synergistically.

Ingredients - Each Tablet Contains:

Glucosamine Sulphate 2KCL 400mg, OptiMSM® 200mg, Ginger Powder Extract 4mg (20:1) equivalent to 80mg, Vitamin C (Ascorbic Acid) 80mg (100% RDA), Green Shell Mussel TM 50mg, Rosehip 50mg (20:1) equivalent to 1000mg, Mangosteen 50mg, Marine Chondroitin Sulphate 40mg 90% (providing 36mg of Active Chondroitin), Soya Isoflavones Extract 40mg providing 40% Isoflavones, Naticol Marine Collagen 50mg, Phytosterol 90% 20mg providing 40% Beta-Sitosterol, Grapeseed Extract 10mg (95% Polyphenols), Celery Seed Powder 10mg, Bromelain Powder Extract 10mg, Zinc 15mg (150% RDA), Magnesium 8mg (2% RDA), Manganese Citrate 2mg (100% RDA), Turmeric Powder Extract 2mg (95% Curcumin), Beta Carotene 0.67mg, Selenium 50mcg (90% RDA), Vitamin D3 (Cholecalciferol) 1.5mcg (30% RDA), Magnesium Stearate, Dicalcium Phosphate, Microcrystalline Cellulose.

Suggested Daily Intake

Take one to two tablets daily as a food supplement or as directed by a healthcare professional.

SimplyBest™

GluComplex™ Gold

Exclusive combination for joint health
30 Tablets



Unprecedented quality and purity

Important Information

If you are taking any prescription medication, you have a medical condition or you have specific concerns about the suitability of our products, always consult your GP or Pharmacist prior to taking supplements. Do not exceed stated dose. Store in a cool dry place. Keep away from children at all times. Do not use if seal is broken. Pregnant or lactating women should consult a Doctor before using this product. Image is for illustration purposes only. Allergy Advice: Contains ingredients derived from Shellfish and Fish. Food supplement: This product should not be used as a substitute for a varied diet.


SimplySupplements™

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