

Herb Specialists Since 1972

KO
PAREVE

Body System Support*

GUARANTEED PURE

Many women experience some cramping during menses. Most of the herbs in this **Cramp Relief** formula were used by Native Americans or early settlers to relieve menstrual cramps.*

RECOMMENDATION

Take two capsules two to three times daily with a meal.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

This bottle was sealed for your protection. Do not use if inner seal is missing or damaged. Nature's Sunshine uses natural source materials that are subject to color variation.

Product of U.S.A.



CRAMP RELIEF

• Contains Herbs That Have Been Traditionally
Used to Assist During Menstruation*

Dietary Supplement

100 CAPSULES

Stock No. 1124
**NATURE'S SUNSHINE
PRODUCTS, INC.**
Spanish Fork, Utah 84660
1-800-223-8225
naturesunshine.com

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 50

Amount Per 2 Capsules

Proprietary Blend 800 mg†

Cramp Bark (*Viburnum opulus*)

Black Cohosh Root
(*Cimicifuga racemosa*)

Lobelia Aerial Parts (*Lobelia inflata*)

Plantain Leaves (*Plantago major*)

Wild Yam Root (*Dioscorea villosa*)

†Daily Value not established.

Other Ingredients: Capsule (gelatin, water).

LOT:
Best By:

