



Suggested usage: 2 softgels, 30–45 minutes before bedtime, or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Tranquil Sleep formula is a unique combination of compounds that support relaxation and enhance natural sleep quality.* In an easy-to-swallow softgel that is enteric coated to minimize any possible gastric discomfort.

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, salt, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272

Recyclable container and label.

Stress-Relax[®]

Tranquil Sleep[®]

5-HTP, Suntheanine[®] & Melatonin

EASY-TO-SWALLOW

90 Enteric Coated Softgels

ADVANCED FAST ACTING FORMULA



Supplement Facts

Serving Size 2 Softgels
Servings Per Container 45

	Amount Per Serving	% Daily Value
Suntheanine [®] L-Theanine	200 mg	**
5-Hydroxytryptophan (5-HTP) (<i>Griffonia simplicifolia</i>) (seed)	30 mg	**
Melatonin	3 mg	**

** Daily Value not established.

Other ingredients: Softgel (gelatin, glycerin, purified water), organic flaxseed oil, yellow beeswax, sunflower lecithin (non-GMO), aqueous coating solution (purified water, ethylcellulose, medium chain triglycerides [coconut], oleic acid, sodium alginate, stearic acid).

Suntheanine[®] is a registered trademark of Taiyo International, Inc.

Isura[™] is a trademark of ISURA.

LOT & EXPIRY 1.3125* x .25* Single Line

