

SAMSARA

HERBS CO

# **Kava Kava**

(30% KAVALACTONES)

STANDARDIZED



NET WT. 4 OZ (114g)

**DIETARY SUPPLEMENT** 



## SAMSARA







540 mg

#### **ABOUT US**

At Samsara Herbs, we believe that ALL positive change in the world must first begin with positive change from within. We invite you to tap into your own infinite power through the use of our potent herbal extracts!

We seek out only quality herbs from our trusted sources from around the world for use in our herbal extracts.

Samsara Herbs, dedicated to empowering your life force!

Standardized herbal extracts contain isolated herbal compounds, in guaranteed amounts. Often having the prevalent compound found in an herb, in a significantly higher concentration than found in nature.

#### **DESCRIPTION**

The origins of Kava Kava are found in the South Pacific Islands, where its history of use dates back for centuries. Kava Kava is, arguably, the epitome of a calming and relaxing herb. It is believed to be helpful in maintaining healthy stress levels, reducing restlessness and regulating normal sleep cycles.\*

Our water soluble herbal extracts are best mixed in juice or a smoothie, although mixing in water is perfectly fine if you can tolerate the taste.

#### STORAGE

Cool dry place, out of direct sunlight.

**Kava** 

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

### **Supplement Facts**

Serving Size: 1 Scoop (540 mg) Servings Per Container: 211

#### **Amount Per Serving**

Kava Kava (root; Piper methysticum; 30% kavalactones)

Manufactured for Samsara Herbs Inc. by Aspen Copacking, 810 North 2800 West, Lindon Utah 84042 1-844-9SAMSARA www.SamsaraHerbs.com

Suggested Use: Take 1 Scoop 1-3 times per day or as recommended by your healthcare professional. Start with a 1/2 scoop initially to assess tolerance.

Maximum use of 3 months. Following this take a 2 week break from use before continuing.

CAUTION: If you have a medical condition, are pregnant or taking medications, consult your health care professional before using this product. Keep out of reach of children.



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