



Suggested usage: 2 tablets up to 2 times per day or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Men's MultiStart provides a complete spectrum of vitamins, minerals, and herbs essential to optimizing men's health.* This nutrient-rich formula offers a range of benefits including proactive antioxidants (vitamins A, C, E, and selenium), immune system boost (zinc, bee pollen), and energy enhancement (B vitamins, ginseng).* Saw palmetto maintains prostate health while zinc supports the production of male hormones.* This special supplement is ideal for men dealing with the stress of busy, modern lives.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, sugar, gluten, yeast, egg, fish, shellfish, salt, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Isura™ is a trademark of ISURA.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
 14224 167th Avenue SE
 Monroe, WA 98272

**Purity & Potency
 Guaranteed**

Recyclable container and label.

Men's MultiStart®

VITAMIN A DAY
FOR MEN

120 Tablets

COMPLETE SPECTRUM



Supplement Facts

Serving Size 2 Tablets
 Servings Per Container 60

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (25% [750 mcg] vitamin A palmitate & 75% [4500 mcg] beta-carotene)	5250 mcg	583%	Copper (gluconate)	0.75 mg	83%
Vitamin C (ascorbic acid)	250 mg	278%	Manganese (citrate)	7.5 mg	326%
Vitamin D3 (cholecalciferol)	1.25 (50 IU)	6%	Chromium (picolinate)	100 mcg	286%
Vitamin E (d-alpha tocopheryl acid succinate)	67 mg	447%	Molybdenum (citrate)	12.5 mcg	28%
Vitamin K1	30 mcg	25%	Saw Palmetto Extract 8:1 (fruit)	50 mg	**
Thiamin (hydrochloride)	30 mg	2,500%	Ginger Extract 4:1 (root)	50 mg	**
Riboflavin	15 mg	1,154%	Turmeric Extract (<i>Curcuma longa</i>) (root)	50 mg	**
Niacin (niacin & niacinamide)	22.5 mg	141%	Panax Ginseng Phytosome (root) (soy)	25 mg	**
Vitamin B6 (pyridoxine hydrochloride)	15 mg	882%	Bee Pollen	25 mg	**
Folate	680 mcg DFE (400 mcg folic acid)	170%	RNA Powder	25 mg	**
Vitamin B12 (cyanocobalamin)	400 mcg	16,667%	Alfalfa Juice Powder 12:1 (aerial)	25 mg	**
Biotin	300 mcg	1,000%	Spirulina Algae (<i>Arthrospira platensis</i>)	25 mg	**
Pantothenic Acid (calcium pantothenate)	50 mg	1,000%	Wheatgrass Juice Powder (<i>Triticum aestivum</i>) (aerial)†	25 mg	**
Calcium (carbonate & citrate)	200 mg	15%	Boron (citrate)	0.5 mg	**
Iodine (from kelp)	150 mcg	100%	Lutein (<i>Tagetes erecta</i>) (marigold flowers)	0.5 mg	**
Magnesium (oxide & citrate)	125 mg	30%			
Zinc (citrate)	15 mg	136%			
Selenium (cholate)	50 mcg	91%			

Other ingredients: Microcrystalline cellulose, coating (carbohydrate gum [cellulose], glycerin), stearic acid, magnesium stearate (vegetable grade), croscarmellose sodium.

Contains soy.

LOT & EXPIRY 1.3125" x .25" Single Line



0 68958 01570 5 R8