

Suggested usage: PGX® Granules can be taken with or without food with a glass of water (8–16 oz. or 1–2 cups) or as directed by a health professional. Drink additional water after ingesting PGX®. Use consistently with or without meals or with healthy snacks to greatly reduce appetite and curb food cravings.*

Week 1: ½ scoop, once daily.

Week 2: ½–1 scoop, once daily.

Week 3 and beyond: 1 scoop, once daily.

Reduces appetite by promoting a feeling of fullness.* Helps lower the glycemic index.* Helps maintain healthy blood sugar and total cholesterol levels already within the normal range.*

Serving option: PGX® Granules are unflavored and can also be sprinkled onto moist food, yogurt, fruit salad (fresh or no sugar varieties), oatmeal, soup, non-carbonated low calorie beverage or meal replacement.

Notice: A small percentage of people may initially experience minor digestive changes when taking PGX®. Slowly work up to the full dose to give your body time to adjust. It is important to drink adequate amounts of water (8–16 oz or 1–2 cups) after taking PGX®.

Cautions: Consult your health professional before use if you are under 18 years of age or have any health concerns. If you are taking medication, take it one hour prior to or two hours after taking PGX®. As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you have a medical condition or anticipate a surgery. Keep out of the reach of children.

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, animal products, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
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Monroe, WA 98272



DIETARY SUPPLEMENT

SlimStyles® PGX® Granules

US PATENTS 8062686, 8597709



Reduces Appetite* • Promotes Healthy
Blood Sugar Levels Already in Normal
Range* • Lowers the Glycemic Index*

Gluten Free • Net Wt 5.3 oz (150 g)



5 g per serving of PGX®

Supplement Facts

Serving Size 1 Scoop (5 g)

Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate ◇	4 g	1%‡
Dietary Fiber ◇	4 g	14%‡
Soluble Fiber	4 g	**
Sodium	135 mg	6%
PGX® (PolyGlycopleX®)	5 g	**
Highly purified water soluble polysaccharide complex manufactured using the proprietary EnviroSimplex® process: Konjac-mannan (<i>Amorphophallus konjac</i>) (root), xanthan gum, sodium alginate.		

‡ Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

◇ 0 g Available Carbs (Total Carbs – Fiber = Available Carbs).

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PGX® US Patents: 8062686; 8597709.

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LOT & EXPIRY 1.3125" x .25" Single Line