Suggested Use For optimum cholesterol reduction, consume one or two CHOCONUVO squares with each meal (with no less than two meals daily). Other than pure enjoyment, there is no need to consume more than five squares daily for cholesterol reduction. **CHOCONUVO** should be consumed shortly before, during or after meals. Best results are achieved when combined with a healthy, low cholesterol, high fiber diet. Like any creamy chocolate, **CHOCONUVO** melts when exposed to heat. Should this occur, simply place it in the refrigerator and it will solidify back to its normal state. **CHOCONUVO** is perfect for baking, since its flavor and health benefits are not affected by exposure to heat. For guestions about the use of this product call 800.332.7799.

SUPPLEMENT FACTS Serving Size 1 Piece (6 g), Servings: 60, Amount Per Serving: Calories 25, Total Fat 2.5 g (3%DV), Saturated Fat 1.5 g (8%DV), Trans Fat 0 g, Cholesterol 0 mg (0%DV), Total Carb. 2 g (1%DV), Dietary Fiber less than 1 g (2%DV), Total sugars less than 1 g, Includes less than 1 g Added Sugars (1%DV), Natural Plant Sterol Esters 650 mg (†), Cocoa Flavanols (approx.) 55 mg (†) * Percent Daily Value (%DV) are based on a 2,000 calorie diet. † DV not established.

Other Ingredients Organic 91% Cacao Dark Chocolate (Organic Fair Trade Cacao Beans, Organic Evaporated Cane Syrup, Organic Fair Trade Cocoa Butter). Made with machinery that may also process foods containing peanuts, tree nuts and milk.



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607096-02M

"Uniquely Heart-Healthy Chocolate"









Mother Nature's Dynamic Duo of Heart Health.

CHOCONUVO combines the heart-healthy benefits of In recent years, due to its myriad health benefits, interest in dark dark chocolate with Mother Nature's most powerful and chocolate has exceeded that of milk chocolate. Dark chocolate clinically proven cholesterol-reducing ingredient (plant provides higher levels of healthy flavanols than milk chocolate sterols). Naturally occurring compounds in dark chocolate and also contains less sugar, fat and calories, along with no added called **flavanols** have long been known to promote milk. It is this uniquely high level of flavanols that imparts dark heart and circulatory health. The unique combination of chocolate's rich flavor and health benefits, but also causes its drier our natural plant sterols with our flavanol-rich organic texture. CHOCONUVO's unique marriage of rich dark chocolate with extreme dark chocolate creates the creamiest and most cholesterol-lowering plant sterols creates an exceptionally healthy luxurious extreme dark chocolate you will ever taste. dark chocolate treat that melts in your mouth like milk chocolate. Ir CHOCONUVO is also the first chocolate experience that fact, our extreme dark CHOCONUVO 91 was specifically created for naturally lowers cholesterol.

Chocolate – Respected for Thousands of Years.

Cocoa was revered by ancient South and Central American Dark Chocolate and Plant Sterols: cultures. In fact, Aztec emperor Montezuma proclaimed A Natural Solution to an Unhealthy Problem.* 16th century New World.

A Unique Dark Chocolate Experience.

those who insist on the richest, healthiest dark chocolate possible, but prefer the creamy texture of milk chocolate.

cocoa a divine beverage that fights fatigue while Spanish The normal American diet increases cholesterol levels and the risk explorer Hernando Cortes praised its benefits for physical of heart disease. As a result, millions of Americans take cholesterolendurance. For centuries, cocoa was not merely a source lowering drugs with their long list of harmful side effects. If you and your of nourishment, but of resilience, stamina and well-being. physician seek a natural tool to lower cholesterol, then CHOCONUVO The scientific name for the cacao tree translates as God's is an ideal solution. We add the clinically proven cholesterol-lowering Drink. As admired as cocoa was by Native Americans, it benefits of plant sterols to our heart-healthy Organic 91% extreme dark is not surprising that it soon became equally prized in the chocolate. In fact, the 1,300 mg of plant sterols in just two CHOCONUVO squares is all you need to powerfully impact your cholesterol levels.*

*According to the US Food and Drug Administration, consuming at least 650 mg of plant sterol esters twice daily with meals for a daily total intake of at least 1,300 mg as part of a healthy diet low in saturated fat and cholesterol, may reduce the risk of heart disease. Each **CHOCONUVO** square supplies 650 ma of plant sterol esters.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.