

PRODUCT #04303

DIRECTIONS: As a dietary supplement, take three (3) capsules in the morning with breakfast. Dosage may be increased as directed by a healthcare practitioner. Our products contain organically grown herbs, when available.

Double-sealed for your protection.
Do not use if outer seal is broken or missing.

CAUTION: KEEP OUT OF REACH OF CHILDREN.

Consumer Information Services
Voice Mail: 800-845-2730
www.michaelshealth.com

Certified Kosher. 

†From Lanolin.

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 **Quatrefolic®**

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Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.

Made in the U.S.A.
Family owned and operated.



HEALTHCARE
SOLUTIONS
SINCE 1984

Michael's® Naturopathic Programs



NEW
IMPROVED
FORMULA

For
Women
caps

90 vegetarian
capsules

DAILY
MULTI
VITAMIN

dietary supplement
Synergistically Complete

Supplement Facts

Serving Size: Three (3) Veggie Capsules
Servings Per Container: 30

Amount Per Serving		% Daily Value
Vitamin A (as Beta Carotene)	2250 mcg	250%
Vitamin C (as Calcium Ascorbate)	150 mg	167%
Vitamin D3 (as Cholecalciferol†)	5 mcg (200 IU)	25%
Vitamin E (as d-alpha Tocopherol Succinate)	67 mg	447%
Thiamin (as Thiamin Mononitrate)	30 mg	2500%
Riboflavin	30 mg	2308%
Niacin (as Niacinamide)	50 mg	313%
Vitamin B6 (as Pyridoxine Hydrochloride)	30 mg	1765%
Folate (as [6S]-5-methyltetrahydrofolic acid equivalent to 30 mcg of [6S]-5-methyltetrahydrofolic acid, glucosamine salt**)	15 mcg DFE	4%
Vitamin B12 (as Methylcobalamin)	75 mcg	3125%
Biotin	75 mcg	250%
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg	1000%
Choline (as Choline Bitartrate)	50 mg	9%
Calcium (as Calcium Ascorbate)	18 mg	1%
Iodine (from Kelp)	75 mcg	50%
Zinc (as Zinc Monomethionine***)	75 mg	682%

Proprietary Blend	450 mg	*
Dong Quai Root (<i>Angelica sinensis</i>), Damiana Leaf (<i>Turnera aphrodisiaca</i>), Dandelion Root (<i>Taraxacum officinale</i>), Inositol, Licorice Root (<i>Glycyrrhiza glabra</i>), Wild Yam Root (<i>Dioscorea villosa</i>), Blessed Thistle (Whole Plant) (<i>Cnicus benedictus</i>), Partridge Berry (<i>Mitchella repens</i>), Red Raspberry Leaf (<i>Rubus idaeus</i>)		

*Daily Value not established.

OTHER INGREDIENTS: Hypromellose(Capsule), Microcrystalline Cellulose, Vegetable Magnesium Stearate and Dicalcium Phosphate.

MANUFACTURED FOR MICHAEL'S® NATUROPATHIC PROGRAMS
6003 RANDOLPH BLVD, SAN ANTONIO, TEXAS 78233

