



SUPERYOU®

Daily Stress Management

CLINICALLY SHOWN TO
REDUCE THE EFFECTS OF
STRESS AND IMPROVE
MOOD, FOCUS & ENERGY*

DIETARY SUPPLEMENT
60 CAPSULES



Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount per Serving	
Shatavari (<i>Asparagus racemosus</i>) root extract	450mg†
Organic Ashwagandha (<i>Withania somnifera</i>) root and leaf extract	250mg†
Organic Amla (<i>Phyllanthus emblica</i>) fruit extract	150mg†
Rhodiola (<i>Rhodiola rosea</i>) root extract (3% rosavins & 1% salidroside)	150mg†

†Daily Value not established.

Other Ingredients: Rice flour, capsule (hypromellose), organic rice hulls, medium chain triglycerides, organic rice bran extract, organic gum arabic, organic sunflower oil.