



SuperHair®

Hair Nutrition

HEALTHIER, THICKER,
STRONGER*

DIETARY SUPPLEMENT
120 CAPSULES



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Supplement Facts

Serving Size: 4 Vegetarian Capsules Servings Per Container: 30

Amount per Serving			%DV**	Amount per Serving			%DV**
Vitamin A (as Vitamin A Palmitate)	900mcg RAE	100%		Folate (as (6S)-5-Methyltetrahydrofolate acid, Glucosamine Salt, Quatrefolic®)	425mcg DFE	106%	
Vitamin C (as Ascorbic Acid)	100mg	111%		Vitamin B12 (as Methylcobalamin)	10mcg	417%	
Vitamin D3 (as Vitashine D3™ Cholecalciferol)	16mcg	80%		Biotin	500mcg	1,667%	
Vitamin E (as D-alpha Tocopherol)	18.7mg	125%		Vitamin B5 (as D-Calcium Pantothenate)	4mg	80%	
Vitamin B1 (as Thiamine Hydrochloride)	10mg	833%		Iron (as Iron Bisglycinate)	10mg	56%	
Vitamin B2 (as Riboflavin 5-phosphate)	10mg	769%		Iodine (as Kelp (Laminaria digitata) Powder (Organic))	75mcg	50%	
Vitamin B3 (as Nicotinamide)	5mg	31%		Zinc (as Zinc Bisglycinate)	10mg	91%	
Vitamin B6 (as Pyridoxal 5-Phosphate)	1mg	59%					

Proprietary Blend	1,245mg †
Ashwagandha (Withania somnifera) Root Extract (KSM-66®) (Organic), Pumpkin (Cucurbita pepo) Seed Powder, Kelp (Laminaria digitata) Powder (Organic), Red Radix (Panax ginseng) Root Powder (Organic), Horsetail (Equisetum arvense L.) Grass Extract, Saw Palmetto (Serenoa repens) Fruit Extract, Vitamin K2 (as MK-7 Menquinone-7)	

**Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: Rice Concentrate (Nu-Flow) (Organic), Hydroxypropyl Methylcellulose (Vegetarian Capsule)

Quatrefolic® is a Registered Trademark of Gnosis S.p.A.,
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