

PRODUCT #01283

DIRECTIONS: As a dietary supplement, take four (4) tablets with breakfast or, for optimal results, take two (2) tablets with breakfast and two (2) tablets with lunch. Dosage may be increased as directed by a healthcare practitioner. Our products contain organically grown herbs, when available.

Double-sealed for your protection.
Do not use if outer seal is broken or missing.

WARNING: KEEP OUT OF REACH OF CHILDREN. ⚠️ **WARNING:** Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.

Consumer Information Services
Voice Mail: 800-845-2730
www.michaelshealth.com

Certified Kosher.



Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.

Made in the U.S.A. Family owned and operated.

❖ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



HEALTHCARE
SOLUTIONS
SINCE 1984

Michael's® Naturopathic Programs



For Women's Changes™

90 vegetarian
tablets

NIGHTTIME
ALLY

dietary supplement
Synergistically Complete

Supplement Facts

Serving Size: Four (4) Tablets
Servings per Container: 22

Amount Per Serving	% Daily Value	
Vitamin C (as Calcium Ascorbate)	150 mg	167%
Vitamin E (as d-alpha Tocopherol Succinate)	100 mg	667%
Vitamin B6 (as Pyridoxine Hydrochloride)	100 mg	5882%
Pantothenic Acid (as d-Calcium Pantothenate)	150 mg	3000%
Calcium (as Calcium Amino Acid Chelate and Calcium Ascorbate)	100 mg	8%
Iodine (from Kelp)	150 mcg	100%
Magnesium (as Magnesium Amino Acid Chelate)	100 mg	24%

Proprietary Blend 1.75 g (1753 mg) *
Wild Yam Root (*Dioscorea villosa*), Red Clover Extract (Aerial Part) (*Trifolium pratense*) (8% Flavones), Licorice Root (*Glycyrrhiza glabra*), Organic Dong Quai Root (*Angelica sinensis*), Organic Passionflower (Aerial Part) (*Passiflora incarnata*), PABA (Para-aminobenzoic Acid) and Boron (as Boron Amino Acid Chelate)

*Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Stearic Acid, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Pharmaceutical Glaze (Shellac, Povidone).

MANUFACTURED FOR
MICHAEL'S® NATUROPATHIC PROGRAMS
6003 RANDOLPH BLVD
SAN ANTONIO, TEXAS 78233



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