

Energy from the ground up nourishing our world, one meal at a time.

Everyone on our marvelous planet deserves to be well nourished. But as Earth's population continues. to grow, how will we feed everyone? The simplest - and most sustainable - route to nourishing the world is to produce food that uses less of the planet's resources. A seed only requires water some nutrients from the soil, and a whole lot of energy from the sun to become a nourishing plant that can sustain life. Producing animal protein uses far more resources to deliver an equivalent amount of protein. When we choose to replace animal protein with plant protein, even for just one meal a day, we save enough resources to give five more people a serving of plant protein. A diet rich in plants is also better for our health, and better for the environment VegiDay is part of a growing movement that encourages us to welcome and sustain life by reducing our consumption of animal protein.

Suggested usage: Add 1 scoop (45 g) per day to 11.8 oz (350 ml) of water, juice, or non-dairy beverage and shake or blend until smooth, or use as directed by a health professional.

The best tasting and highest quality organic vegan protein with organic superfoods and Vitamins and Minerals - also available in French Vanilla and Natural Unflavored.

- Provides 21 g of complete raw vegan protein per serving
- A delicious and convenient boost of plant based nutrition
- A wholesome combination of 6 gluten-free, soy-free, and non-GMO, easy to digest protein sources; pea, sprouted brown rice, pumpkin, quinoa, spirulina, and chlorella
- · Organic superfood greens harvested from our farms
- · No artificial colors, additives, or sweeteners · With natural source organic flavors

Cautions: As with any supplement, consult your health professional before use if you are pregnant. breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition.

or anticipate a surgery. Keep out of the reach of children. Manufactured by Natural Factors to ensure safety and potency in accordance with Good

Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, gluten, yeast, soy, e og. fish, shellfish, animal products, tree nuts, or GMOs, Suitable for vegetarians/vegans, Sealed for your protection. Do not use if seal is broken. For freshness store in a cool, dry place.



VEGAN ORGANIC SHAKE & GO

Organic Vegan Protein, Organic Greens Harvested from our Farms, with Vitamins and Minerals

PREMIUM FORMULA

Net Wt 15.9 oz (450 g) DIETARY SUPPLEMENT











CALORIES

VEGGIES

DECADENT CHOCOLATE

Supplement Facts

Amount Dar Coming 9/ Daily Value

Amount Dor Convince 9/ Daily Value

Serving Size 1 Scoop (45 g) Servings Per Container 10

Calories	170	- 38	Sodium	370 mg	16%
Total Fat	4 g	5%‡	Potassium (citrate)	410 mg	9%
Saturated Fat	1.5 g	8%‡	Plant Protein:	27.8 q	-
Total Carbohydrates	13 g	5%‡			ic Sprout
Dietary Fiber	2 g	7%‡	Organic Pea Protein (Pisum sativum), Organic Sprout Brown Rice Protein (Oryza sativa), Organic Pumpl		
Total Sugars	1 g		(Cucurbita pepo) (seed), 0	rganic Quinoa (C	henopodu
Protein	21 g		quinos) (seed), Organic Chlor cell), Organic Spirulina (Arthr	ena (c.norena vuig menira niatanaa) k	ans) (brow whole)
Vitamin A (75% beta-carotene, 25% retinyl palmitate)	3000 meg	333%	Organic Live Greens Base: Alfalfa (Medicago sativa) (2.7 g leef), Barley Gras	## 8 (Hordau
Vitamin C (calcium ascorbate)	125 mg	139%	vulgare) (aerial)*, Wheat Grass (Triticum aestivum) (aerial Carrot (Daucus carota) (roof), Cilantro (Coriandrum estivu		
Vitamin D3 (lichen) 6.25 n	nog (250 IU)	31%	(serial), Parsley (Petroselinu	m crispum) (seria), Articho
Vitamin E (d-alpha tocopherol) (sunflower)	33.5 mg	223%	(Cynais cardunculus) (seri sativus) (serial), Dandelion	Tampacum officin	ale (sens
			Kale (Brassica deraces) (serial), Celery (Apium graveden (serial), Beet (Beta sulgane) (serial and root), Tomato Powd		
Thiamin (thiamin hydrochloride)	25 mg	2083%	(serial) Beet (Bete vulgene) (senal and root). Tor	nato Powd
Thiamin (thiamin hydrochloride) Riboflavin	25 mg 15 mg	2083% 1154%	(Solanum Ivcapersicum) (frui	t). Broccoli <i>(B</i> ræs	ice derece
			(Solanum /ycqnersicum) (frui (flower head), Red Radish (t), Broccoli (Brass Raphanus sativus	ice <i>den</i> ece (aerial a
Riboflavin	15 mg	1154%	(Solanum lycopersicum) (frui (flower head), Red Radish (root), Cabbage (Brassica o (Barbarea verna) (aerial), C (flower head), Arugula (Eru	t), Broccoli <i>(Brass</i> Raphanus sativus <i>(lea</i> scea) (leaf), U suliflower <i>(Brassi</i> ca sativa) (aerial),	ica denace (aerial an pland Cre ca denace Watercre
Riboflavin Niacin (niacinamide) Vitamin 96 (pyridoxal-5-phosphate) Folate 88	15 mg 20 mg	1154% 125%	(Solanum /Jeopessicum) (fruit (flower head), Red Radish (root), Cabbage (Brassica o (Barbarea verna) (serial), C (flower head), Arugula (Eru (Masturtium officinale) (leati (serial), Peppers (Capsicum	t), Broccoli (Bræs Rephanus sativus rleacea) (leat), U suliflower (Brassi ca sativa) (serial), f), Basil (Ocimum annuum) (serial), :	ica derace (aerial ar pland Cre ca derace Watercre basilicum Swiss Cha
Riboflavin Niacin (niacinamide) Vitamin B6 (pyridoxal-5-phosphate) Folate (500 mc Vitamin B12 (cyanocobalamin)	15 mg 20 mg 17.5 mg 50 mcg DFE g folic acid) 50 mcg	1154% 125% 1029% 213% 2083%	(Solanum /Jeopessicum) (frui (flower head), Red Radish (root), Cabbage (Brassica o (Barbarea verna) (aerial), C (flower head), Arugufa (Eru (Masturtium officinale) (flasi (aerial), Peppers (Capsicum (Beta vulgaria) (aerial), Spear	t), Broccoli (Bress Rephenus setivus Jemsce) (Beth, V Jeuliflower (Bressi ce setive) (Beriel), f), Besil (Ocimum annuum) (Beriel), i mint (Menthe spic	ica derace (aerial ar pland Cre ca derace Watercre basilicum Swiss Cha
Riboflavin Niacin (niacinamide) Vitamin B6 (pyridoxal-5-phosphate) Folate 85 (500 mc	15 mg 20 mg 17.5 mg 50 mog DFE g folic acid)	1154% 125% 1029% 213%	(Solarum (spepassicum) (fruit (flower head), Red Radish (nort), Cabbage (Brassica o (Barbarea verna) (serial), Ci (flower head), Arugula (Eru (flasturdium officinals) (leat (serial), Peppers (Capsicum (Beta wilgaria) (serial), Spear Organic Sunflower Lecithin	t), Broccoli (Bræs Rephanus sativus rleacea) (leat), U suliflower (Brassi ca sativa) (serial), f), Basil (Ocimum annuum) (serial), :	ica derace I (aerial ar pland Cre ce derace Watercre Dasilicus Swiss Cha ata) (aerial
Riboflavin Niscin (niscinamide) Vitamin D6 (pyridoxal-5-phosphate) Folate 85 (500 mc Vitamin B12 (cyanocobalamin) Biotin	15 mg 20 mg 17.5 mg 50 mcg DFE g folic acid) 50 mcg	1154% 125% 1029% 213% 2083%	Solarum Jugosesicum) (frui (flower haad), Red Radish), (flower haad), Red Radish), Co (flower head), Angula (fire (flower head), Angula (fire (flower head), Angula (fire (flower head)), (flower lacerial), Peppers (Capsicum) (flower lacerial), Speer Organic Surflower Lacithin Apple Pectin (Matus domestics) (fruit)	t), Broccoli (Bress Rephenus setivus Jemsce) (Beth, V Jeuliflower (Bressi ce setive) (Beriel), f), Besil (Ocimum annuum) (Beriel), i mint (Menthe spic	ica derace I (aerial ar pland Cre ce derace Watercre Dasilicus Swiss Cha ata) (aerial
Riboflavin Niscin (niscinamide) Vitamin B6 (pyridoxal-5-phosphato) Folate 81 (500 ms Vitamin B12 (cyanocobalamin) Biotin Pantothenic Acid (calcium D-pantothenate)	15 mg 20 mg 17.5 mg 50 mcg DFE g folic acid) 50 mcg 50 mcg	1154% 125% 1029% 213% 2083% 167%	Solanum Jugosesicum) (mui (hoven haad, Red Radin) (not), Cabbage (Brassica o Bartarase urani) (serial). (flower haad), Angada (Eru (Hasturium offizinale) (lea (serial), Peopers (Zapsicum (Bate unigaria) (serial), Speer Organic Surflower Lecitinin Apple Pectin (Matas domestica) (fluit) Organic Suriosa (Erust)	tt, Broccoli (Brass Asphanus sativus) Asiacegi (Berli, Ul suliflower (Brassi es sativa) (Berlia), 15, Basil (Poimum annuum) (Berlia), mint (Mantha spic 500 mg	ice derece) (serial au pland Cre ce derece) Watercre) besilicus Swiss Cha sta) (serial
Riboflavin Niscin (niscinamide) (i/tamin B6 (pyridoxal-5-phosphate) Folate (500 me (500 me Vitamin B12 (cyanocobalamin) Biotin Pantothanic Acid	15 mg 20 mg 17.5 mg 50 mog DFE g folic acid) 50 mog 50 mog 25 mg	1154% 125% 1029% 213% 2083% 167% 500%	Solarum Jupopessicum) (mui (hower head), Red Radini I (hower head), Red Radini I (hower head), Aragata (Eru (hasturium officinale) (hea (serial), Peppera (Zepsicum Betta utigarni (leania), Despera (Zepsicum Betta utigarni (leania), Despera (Zepsicum Garini), Peppera (Zepsicum Betta utigarni (leania), Despera (Zepsicum Betta utigarni (leania), Despera (Zepsicum Surfilower Lecithin Apple Pecini (Malte dumestica) (fruit) Organic Sievia Extracti.	tt, Broccoli (Brass Rephanus sativas Jamesaj (last), U suliflower (Brassi es sativa) (serial), f), Basil (Deimun annuum) (serial), mint (Mantha spic 500 mg	ice diense:) (serial apland Crecs diense:) Watercre) basilicus Swiss Chasts) (serial
Riboflavin Niscin (niscinamide) Vitamin BS (pyridasi-5-phosphate) Foldate (500 mc Vitamin B12 (pyanocobalamin) Biotin Pantothenic Acid (calcium D-pantothensie) Calcium (cirtate, ascorbete)	15 mg 20 mg 17.5 mg 50 mog DFE g folic acid) 50 mog 50 mog 25 mg 170 mg	1154% 125% 1029% 213% 2083% 167% 500%	Solanum Jugosesicum) (mui (hoven haad, Red Radin) (not), Cabbage (Brassica o Bartarase urani) (serial). (flower haad), Angada (Eru (Hasturium offizinale) (lea (serial), Peopers (Zapsicum (Bate unigaria) (serial), Speer Organic Surflower Lecitinin Apple Pectin (Matas domestica) (fluit) Organic Suriosa (Erust)	tt, Broccoli (Brass Asphanus sativus) Asiacegi (Berli, Ul suliflower (Brassi es sativa) (Berlia), 15, Basil (Poimum annuum) (Berlia), mint (Mantha spic 500 mg	ice derece) (serial al pland Cre ce derece) Watercre o bestlicus Swiss Cha ata) (serial
Riboflavin Niscin (nicinamide) Vitamin B5 (pyridoxal-5-phosphate) Folste (500 ms Vitamin B12 (cyanocobalamin) Biotin Pantothenic Acid (calcium (cirate, secorbate) Iron	15 mg 20 mg 17.5 mg 50 mog DFE g folic acid) 50 mog 50 mog 170 mg 9 mg	1154% 125% 1029% 213% 2083% 167% 500% 13%	Solanum Juposesicum) (frui (flower head), Red Radini) (rodu, Cabbage (Brassica e Bertherae vermi) (esrial). C (flower head), Angata (Eru (flasturfum ordinish) (lea (esrial), Peppera (Capacium (Bets unigaria) (aenial), Speer Organic Surflower Lectivin Apple Pectin (Melus domestica) (fluit) Organic Stevia Extract (Site is rebaudiana) (leaf) Ginge Etract	tt, Brocool (Areas Araphanus sativus Araceas) (eath, U suffilower (Brass er sativa) (eerial), ft, Basil (Cernum annuum) (serial), mint (Mkntha spic 500 mg	ica derace (aerial a pland Cre es derace Watercre basilican Swiss Cha ata) (aerial #

Other ingredients: Flavor (organic cocce, organic chocolate flavor, organic French vanilla flavor, organic natural source flavor), organic vegan creamer blend, organic guar gum.

*Selectively harvested as a young grass before seeds develop.

Not a significant source of Added Sugars

Amino Acid Profile

Alanine	
Arginine	1.1 6
Aspartic Acid	1.1 a.t
Orsteine	0.1
Gutamic Acid	
Glycine	
Histidine	0.6
Isoleucine	
Lyaine	1.1
Methiorine	0.1
Phenylelanine	0.7
Serine	0.7
Threonine	
Tryptophan	0.1
	0.5

Valine0.7 c



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