



# Energy from the ground up – nourishing our world, one meal at a time.

Everyone on our marvelous planet deserves to be well nourished. But as Earth's population continues to grow, how will we feed everyone? The simplest – and most sustainable – route to nourishing the world is to produce food that uses less of the planet's resources. A seed only requires water, some nutrients from the soil, and a whole lot of energy from the sun to become a nourishing plant that can sustain life. Producing animal protein in the plant protein, even for just one meal a day, we save enough resources to give five more people a serving of plant protein. A diet rich in plants is also better for our health, and better for the environment. Vegilbay is part of a growing movement that encourance us to well one and sustain life by reducing our consumption of animal protein.

Suggested usage: Add 1 scoop (43 g) per day to 11.8 oz (350 ml) of water, juice, or non-dairy beverage and shake or blend until smooth, or use as directed by a health professional.

The best tasting and highest quality organic vegan protein with organic superfoods and Vitamins and Minerals — also available in Decadent Chocolate and Natural Unflavored.

- · Provides 21 a of complete raw vegan protein per serving
- · A delicious and convenient boost of plant based nutrition
- A wholesome combination of 6 gluten-free, soy-free, and non-GMO, easy to digest protein sources; pea, sprouted brown rice, pumpkin, guinoa, spirulina, and chlorella
- · Organic superfood greens harvested from our farms
- No artificial colors additives or sweeteners
- With natural source organic flavors

with natural source organic rayors
 Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition,

or anticipate a surgery. Keep out of the reach of children. Manufactured by Natural Factors to ensure safety and potency in accordance with

Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, gluten, yeast, soy, egg, fish, shellfish, animal products, tree nuts, or GMOs. Suitable for vegetarians/vegans.

Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

legiDay Energy from the ground up!

# ALL IN ONE SHAKE & GO

Organic Vegan Protein, Organic Greens Harvested from our Farms, with Vitamins and Minerals

## PREMIUM FORMULA

Net Wt 15.2 oz (430 g)













# Supplement Facts

Serving Size 1 Scoop (43 g) Servings Per Container 10

		% Daily Value	Amoun	t Per Serving	% Daily Value
Calories	170		Sodium	340 mg	15%
Total Fat	.3 g	4%‡	Potassium (citrate)	170 mg	4%
Saturated Fat	1 g	5%‡	Plant Protein:	27.8 q	
Total Carbohydrates	14 g	5%‡	Prant rouse: Day Protein (Pisum sedium), Organic Sprouted Brown Rice Protein (Organication), Organic Pumpkin (Cucurbita pepo) (seed), Organic Quinos (Chenopodium quinos) (seed), Organic Chlorella (Chlorella vulgarie) (broken cell), Organic Spriulina (Arthrospira phitanasie) (whole)		
Dietary Fiber	2 g	7%‡			
Total Sugars	2 g				
Includes 1 g Added Sugars		2%‡			
Protein	21 g		Organic Lina Creena Basis: 2.7 g Alfatin Medicago assissi Beatey Grass (Hosteum Language Grass) (Hosteum Language Language Grass) (Language Language Grass) (Language Language Grass) (Language Language Grass) (Hosteum Lang		
Vitamin A (75% beta-carotene, 25% retinyl palmitate)	3000 mcg	333%			
Vitamin C (calcium ascorbate)	125 mg	139%			
Vitamin D3 (lichen) 6.25 m	ncg (250 IU)	31%			
Vitamin E (d-alpha tocopherol) (sunflower)	33.5 mg	223%			
Thiamin (thiamin hydrochloride)	25 mg	2083%	(serial), Beet (Bets vulgaris) (serial and root), Tomato Powder (Salanum lycopensicum) (fruit), Broccoli (Brassica oleracea)		
					geging nigranga
	15 mg	1154%	(flower head), Red Radish (Ra	phanus sativus)	(aerial and roof)
Riboffevin Niacin (niacinamide)		1154% 125%	(flower head), Red Radish (Ra Cabbage (Brassica oferacea)	phanus sativus) (leaf), Upland	(aerial and roof). Cress (Barbares
Riboflevin	15 mg 20 mg		(flower head), Red Radish (Raj Cabbage (Brassica oleracea) verna) (aerial), Cauliflower (B	phenue setivus) (leef), Upland rassice olerace	(aerial and roof) Cress (Barbares a) (flower head)
Riboflevin Niacin (niacinamide) Vitamin B6 (pyridoxal-5-phosphate Folate 88	15 mg 20 mg	125%	(flower head), Red Radish (Ra Cabbage (Brassica oferacea) verna) (aerial), Cauliflower (B Augula (Eruca sativa) (ae officinale) (leaf), Basil (Ocani (Cansicum annuum) (aerial).	phanus sativus) (leat), Upland trassica olerace orial), Watercre um basilicum) . Swiss Chard	(aerial and roof) Cress (Barbares g) (flower head) es (Nasturbum (aerial), Peppers
Riboflevin Niacin (niacinamide) Vitamin B6 (pyridoxal-5-phosphate Folate 88	15 mg 20 mg a) 17.5 mg 50 mcg DFE	125% 1029%	(flower head), Red Radish (Ra Cabbage (Brassica oferaced) wang) (aenal), Cauliflower (B Arugula (Eruca sativa) (se dirichale) (eaf), Basil (Domi (Capsicum annum) (senia), (aenal), Spearmint (Mentha sp	phanus sativus) (leaf), Upland hassica olerace erial), Watercre um basilicum) , Swiss Chard ocata) (aerial)	(aerial and roof) Cress (Barbarea a) (flower head) ess (Nastumium (aerial), Peppers (Beta vulgaris
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Riboflevin Niacin (niacinamide) Vitamin 86 (pyridoxal-5-phosphate Folate (500 mo Vitamin 812 (cyanocobalamin)	15 mg 20 mg e) 17.5 mg 50 mcg DFE g folic acid) 50 mcg	125% 1029% 213% 2083%	(hover head), fied Radish (fig. Cabbage (Bussica oferace) wema) (aeriol), Cauliflower (8 Arugula (Eruca satrise) (se- dificinals) (serl), Besil (Dom (Capsicum annum) (serial), (aeriol), Spearmint (Meurla sy Organic Sunflower Lecithin Apple Pectin (Matus domestics) (fruit)	phanus sativus) (leaf), Upland hassica olerace erial), Watercre um basilicum) , Swiss Chard ocata) (aerial)	(aerial and roof) Cress (Barbares a) (flower head) ess (Nastumium (aerial), Peppers (Beta vulgaris)
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Percent Daily Values are based on a 2,000 calorie diet.
 \*\* Daily Value not established.

Other ingredients: Flavor (organic natural source flavor, organic French vanilla flavor, organic vegan cream flavor), organic vegan

### Amino Acid Profile

Alanine	
Arginine	1.1 0
Aspartic Acid	16
Cysteine	0.1
Glutarnic Acid	2.5
Glycine	0.5
Histidine	
Isoleucine	0.6
Leucine	1.1
Lysine	0.9
Methiorine	0.1
Phenylalanine	0.7
Proline	0.6
Serine	0.7
Threonine	
Tryptophan	0.1



PRODUCT OF CANADA
Manufactured by Natural Factors Cenada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272
Certified Organic by
Quality Assurance International









<sup>\*</sup>Selectively harvested as a young grass before seeds develop.