

Supplement Facts

Serving Size: 1 tsp (4g/0.14oz) Servings Per Container: 30

Amount per Serving	% Daily Value	
Magnesium (from magnesium chelate blend: magnesium gluconate, magnesium acetyl taurinate, magnesium citrate)	310mg	70%
L-theanine	112mg	t

†Daily Value not established.

Other Ingredients: Natural Mixed Berry Flavor, Citric Acid, Monk Fruit Extract, Beetroot Juice Powder (Color)