



Suggested usage: Add 1 scoop (3.3 g) of powder to ½ cup of warm or hot water and stir until dissolved. Cold water may be added after the mixture fizzes if desired. Take once per day or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

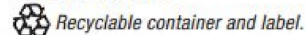
Magnesium Citrate Berry Drink Mix is an easy-to-absorb source of magnesium that helps restore normal levels of magnesium and balance calcium intake.* Magnesium is essential to the proper functioning of many of the body's systems such as helping to metabolize carbohydrates, fats, and proteins, and the maintenance of healthy bones and teeth.* In addition, it supports proper muscle function, relieves stress, and promotes overall relaxation and restful sleep.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
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Monroe, WA 98272



DIETARY SUPPLEMENT



Magnesium Citrate

BERRY DRINK MIX

EASY TO ABSORB

No Added Sugar · Gluten & Soy Free

RESTORE, BALANCE, RELAX*

Net Wt 8.8 oz (250 g) Powder



Supplement Facts

Serving Size 1 Scoop (3.3 g)

Servings Per Container 75

	Amount Per Serving	% Daily Value
Pure High Grade Ionic Magnesium (citrate)	300 mg	71%
Stevia Leaf Powder	10 mg	**

** Daily Value not established.

Other ingredients: Natural berry flavor.

LOT & EXPIRY 1.3125" x .25" Single Line

