**SUGGESTED USE** Consume one capsule daily or as recommended by your physician. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle, along with a daily multi-vitamin-mineral formula. For questions about the use of this product call 800.808.7311.

WARNING Unless directed by a physician, Vitamin K is not for use with any anticoagulant drugs (Coumadin, Warfarin, Heparin, etc). If you have ever experienced any blood clotting abnormalities, consult with a health professional before using this or any Vitamin K-containing product.



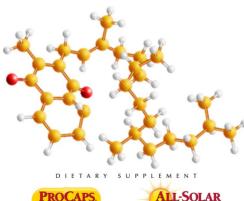


HENDERSON, NV 8901

## VITAMIN K2 MK-7

**HIGHEST ACTIVITY VITAMIN K**<sub>2</sub>

PROMOTES BONE AND HEART HEALTH



360 Easy-to-Swallow Capsules

MANUFACTURING

Andrew Lessman's VITAMIN K2 MK-7 50 provides a high potency blend of Vitamin K in the form of Vitamin K-1 (Phytonadione) and, most importantly, as Vitamin K-2 Menaguinone-7 (MK-7) to deliver newly recognized and essential benefits to bone and heart health. Vitamin K's name originates from the role of Vitamin K-1 in blood clotting (Koagulation in German) but, today, its most important function centers around Vitamin K-2 MK-7 and its now recognized role in the utilization of Calcium within the body and, as a result, its indispensable role in both bone health, as well as heart and cardiovascular health. These far-reaching benefits to skeletal and cardiovascular health have now been consistently observed and established in the scientific literature. Our Vitamin K2 MK-7 50 is formulated to deliver an unsurpassed source of Vitamin K-2 for optimum bone and heart health. Plus, for any person consuming Calcium and Vitamin D, Vitamin K-2 MK-7 has been shown to ensure the greatest benefits of those essential nutrients. It is also important to note that the best source of Vitamin K-2 is the unusual Japanese food called fermented

natto from soybeans, which virtually no Supplement Facts Americans consume. Fortunately, our Vitamin | Serving Size 1 Capsule **K2 MK-7 50** makes it easy and economical to obtain all the benefits of Vitamin K-2 in a small easy-to-swallow capsule. These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease. CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, cholesterol, color, preservative, common allergens or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

Servings Per Container 360 **Amount Per Serving** %DV\* Vitamin K Complex 100 mcg 83% Vitamin K2 MK-7 50 mcg (as menaguinone-7) Vitamin K1 (as phytonadione) 50 mcg

Percent Daily Values (%DV) are based on a 2,000 calorie diet

Other Ingredients: Extra virgin olive oil (Organic), soft-gelatin capsule (gelatin, purified water, glycerin).