

PRODUCT #01152

DIRECTIONS: As a dietary supplement, take four (4) capsules with breakfast or, for optimal results, take two (2) capsules with breakfast and two (2) capsules with lunch. Dosage may be increased as directed by a healthcare practitioner. Our products contain organically grown herbs, when available.

Double-sealed for your protection.
Do not use if outer seal is broken or missing.

WARNING: Not to be taken by pregnant or lactating women. KEEP OUT OF REACH OF CHILDREN. ⚠️WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.

Consumer Information Services
Voice Mail: 800-845-2730
www.michaelshealth.com

Certified Kosher. 

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***Epigallocatechin gallate

Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.

Made in the U.S.A. Family owned and operated.

Supports Healthy Histamine Production*

❖ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



HEALTHCARE
SOLUTIONS
SINCE 1984

Michael's® Naturopathic Programs



PLN™

for pollen seasons

120 vegetarian capsules

I MADE THIS FOR MY DAUGHTER

dietary supplement
Synergistically Complete

Supplement Facts

Serving Size: Four (4) Veggie Capsules
Servings Per Container: 30

Amount Per Serving	% Daily Value	
Vitamin A (as Beta Carotene)	1200 mcg	133%
Vitamin C (as Calcium Ascorbate)	400 mg	444%
Vitamin E (as d-alpha Tocopheryl Succinate)	20 mg	133%
Vitamin B6 (as Pyridoxine Hydrochloride)	20 mg	1176%
Pantothenic Acid (as d-Calcium Pantothenate)	300 mg	6000%
Calcium (as Calcium Ascorbate)	48 mg	4%
Zinc (as Zinc Monomethionine**)	10 mg	91%
Manganese (as Manganese Amino Acid Chelate)	10 mg	435%
Molybdenum (as Molybdenum Amino Acid Chelate†)	10 mcg	22%

Proprietary Blend 1.83 g (1830 mg) *
 Quercetin (as Quercetin Dihydrate), L-Histidine (as L-Histidine Hydrochloride), N-A-C (N-Acetyl-L-Cysteine), Eyebright Leaf (*Euphrasia officinalis*), Stinging Nettle Leaf (*Urtica dioica*), Bee Pollen, Dandelion Root (*Taraxacum officinale*), Flax Seed (10% Omega-3 Fatty Acids), Ginger Root (*Zingiber officinale*), Juniper Berry (*Juniperus communis*), Oregon Grape Root (*Mahonia aquifolium*), MSM (Methylsulfonylmethane) and Green Tea Leaf Extract (95% Polyphenols, 50% EGCG**)

*Daily Value not established.

OTHER INGREDIENTS: Hypromellose (Capsule), Microcrystalline Cellulose and Leucine.

†Contains soy.

MANUFACTURED FOR
MICHAEL'S® NATUROPATHIC PROGRAMS
6003 RANDOLPH BLVD, SAN ANTONIO, TEXAS 78233



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