

Respiratory System

Supports the Body’s Respiratory Function*

Stock No. 5386
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This 30 day program contains two types of packets marked: **AM** (1 Lung Support TCM capsule, 2 Bronchial Formula capsules and 3 ALJ capsules) and **PM** (2 Bronchial Formula capsules and 3 ALJ capsules).

RECOMMENDATION

Take the contents of one AM packet with breakfast; take the contents of one PM packet with your evening meal. Follow this pattern for 30 days.

Supplement Facts

Serving Size 1 AM Packet, 1 PM Packet	
LUNG SUPPORT TCM	
Serving Size 1 Capsule	
Amount Per Capsule	
Proprietary Blend	430 mg†
Astragalus Root (<i>Astragalus membranaceus</i>), Aster Root (<i>Aster tataricus</i>), Qinjiao Root (<i>Gentiana macrophylla</i>), Platycodon Root (<i>Platycodon grandiflorum</i>), Anemarrhena Rhizome (<i>Anemarrhena asphodeloides</i>), Bupleurum Root (<i>Bupleurum chinense</i>), Dang Gui Root (<i>Angelica polymorpha</i>), Lycium Fruit (<i>Lycium chinense</i>), Ophiopogon Root Tuber (<i>Ophiopogon japonicus</i>), Ginseng Root (<i>Panax ginseng</i>), Atractylodes Rhizome (<i>Atractylodes macrocephala</i>), Blue Citrus Peel (<i>Citrus reticulata and veridicum</i>), Citrus Peel (<i>Citrus reticulata</i>), Typhonium Rhizome (<i>Typhonium flagelliforme</i>), Schizandra Fruit (<i>Schisandra chinensis</i>), Licorice Root (<i>Glycyrrhiza uralensis</i>)	
†Daily Value not established.	
Other Ingredients: Capsule (gelatin, water), vegetable magnesium stearate, silicon dioxide.	

BRONCHIAL FORMULA	
Serving Size 4 Capsules	
Amount Per 4 Capsules	
Proprietary Blend	2,000 mg†
<i>Adhatoda vasica</i> Leaf Extract, <i>Glycyrrhiza glabra</i> Root Extract, <i>Alpinia galanga</i> Rhizome Extract, <i>Clerodendrum indicum</i> Root, <i>Inula racemosa</i> Root Extract, <i>Myrica nagi</i> Bark Extract, <i>Verbascum thapsus</i> Leaves, <i>Phyllanthus emblica</i> Fruit, <i>Hedychium spicatum</i> Root, <i>Picrorhiza kurroa</i> Root Extract, <i>Pimpinella anisum</i> Fruit, <i>Pistacia integerrima</i> Gall, <i>Zingiber officinale</i> Rhizome, <i>Ocimum sanctum</i> Leaf Extract, <i>Tylophora asthmatica</i> Leaf, <i>Abies webbina</i> Leaf, <i>Elettaria cardamomum</i> Seed, <i>Ferula assafoetida</i> Gum	
†Daily Value not established.	
Other Ingredients: Capsule (gelatin, water).	
ALJ®	
Serving Size 6 Capsules	
Amount Per 6 Capsules	
Proprietary Blend	2,640 mg†
Boneset Aerial Parts (<i>Eupatorium perfoliatum</i>), Fennel Seed (<i>Foeniculum vulgare</i>), Fenugreek Seed (<i>Trigonella foenum-graecum</i>), Horseradish Root Extract (<i>Armoracia rusticana</i>), Mullein Leaf Extract (<i>Verbascum thapsus</i>)	
†Daily Value not established.	
Other Ingredients: Capsule (gelatin, water).	

Pregnant or lactating women should consult their health care provider prior to taking this supplement.

This carton was sealed for your protection. Do not use if seal is missing or damaged. Nature’s Sunshine uses natural source materials that are subject to color variation.

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A healthy respiratory system is critical for good health. A wholesome lifestyle void of smoke and environmental pollutants is most important to proper respiratory function. High-quality herbal supplements may also improve respiratory function and help the body fight respiratory tract irritation. The ingredients in this 30 day **Respiratory System** program are formulated and traditionally used to support proper respiratory function and to help the body combat the effects of environmental respiratory irritants.*

By understanding our body’s intricate and harmonious systems we can improve our own health and vitality, and share this wisdom with those we love.

Lung Support TCM: Is a Chinese herbal combination with ingredients that are traditionally recognized as tonics to moisten and nourish the tissues of the respiratory tract, particularly the lungs.*

Bronchial Formula: Is an Ayurvedic herbal formula designed with ingredients traditionally used to nourish the lungs and bronchi and to offer general protection to the respiratory tract.*

ALJ: Helps to soothe tissues and acts as an expectorant. This formula is made with herbs traditionally used to support healthy lung function, especially during seasonal changes.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



Respiratory System

Supports the Body’s Respiratory Function*

DIETARY SUPPLEMENT - 30 DAY PROGRAM
60 PACKETS - (330 Capsules)

Para tener un sistema respiratorio saludable es importante tener un medio de vida completo, evitando el humo y otros contaminantes ambientales, sobre todo para mantener una función respiratoria apropiada. La adición de suplementos herbáceos de alta calidad además puede mejorar la función respiratoria y ayudar al cuerpo a combatir la irritación al tracto respiratorio. Los ingredientes en este programa de 30 días para el **Respiratory System** están formulados y tradicionalmente usados para apoyar la función respiratoria apropiada y para ayudar al cuerpo a combatir los efectos de los irritantes respiratorios ambientales.*

Al entender los intrincados y armoniosos sistemas del cuerpo podemos mejorar nuestra propia salud y vitalidad, y compartir este conocimiento con nuestros seres queridos.

Lung Support TCM: Es una combinación herbácea china con ingredientes tradicionalmente reconocidos como tónicos para humectar y nutrir los tejidos del tracto respiratorio, particularmente de los pulmones.*

Bronchial Formula: Es una formula herbácea ayurveda diseñada con ingredientes tradicionalmente usados para nutrir los pulmones y bronquios, y ofrecer protección general al tracto respiratorio.*

ALJ: Ayuda aliviando los tejidos respiratorios y actúa como expectorante. Esta fórmula está hecha con hierbas tradicionalmente usadas para apoyar la función saludable de los pulmones, especialmente durante los cambios de estación.*

***Estas afirmaciones no han sido evaluadas por la FDA. La información aquí presentada no pretende diagnosticar, tratar ni curar enfermedades.**