



Suggested usage: Chew 1 tablet per day or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Natural Factors Magnesium features 150 mg of bioavailable magnesium citrate in a delicious sugar-free key lime chewable tablet. Magnesium is an essential mineral that is needed for more than 300 enzymatic reactions in the body. It is important for sleep and relaxation, muscle repair and bone health, and bowel regularity.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272

Recyclable container and label.

**Purity & Potency
Guaranteed**

DIETARY SUPPLEMENT

Magnesium Citrate · 150 mg

KEY LIME · SUGAR FREE

60 Chewable Tablets

HEALTHY MUSCLE & HEART FUNCTION*



**natural
Factors**

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Magnesium (citrate)	150 mg	36%

Other ingredients: Xylitol, microcrystalline cellulose, hydroxypropyl cellulose, citric acid, natural source lime flavor, stearic acid, magnesium stearate (vegetable grade).

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