



Suggested usage: Children 3 years & older: Chew 1 tablet 1–2 times per day with food or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Big Friends Chewable Multi-Vitamin is a comprehensive and delicious chewable multivitamin and mineral formula – sweetened by xylitol, a healthy sugar-free alternative for children that does not harm their teeth. Formulated to support the good health of active and growing children ages 3 and up. Helps in the development and maintenance of healthy bones, teeth, gums, eyesight, night vision, healthy skin, membranes, and immune function.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, yeast, egg, fish, shellfish, tree nuts, or GMOs. Suitable for vegetarians. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272



1.03" x 2.50" (1.3125" x .25" Single Circle)

DIETARY SUPPLEMENT

BigFriends®

CHEWABLE

MULTI-VITAMIN & MINERALS

with Whole Food Concentrates

JUNGLE BERRY

Sugar & Gluten Free
Naturally Sourced
Flavors & Colors

60 Chewable Tablets



Supplement Facts

Serving Size 1 Chewable Tablet

	Amount Per Serving	% Daily Value for Children 3 Years of Age	% Daily Value for Adults and Children 4 or more Years of Age
Calories	5		
Total Carbohydrate	1 g	<1%†	<1%‡
Xylitol	<1 g		
Vitamin A (beta carotene)	300 mcg	100%	33%
Vitamin C (calcium / sodium ascorbate)	100 mg	667%	111%
Vitamin D3 (cholecalciferol)	5 mcg (200 IU)	33%	25%
Vitamin E (d-alpha tocopheryl succinate)	8 mg	140%	56%
Vitamin K2 (menaquinone, MK-7) (natto bean)	2.5 mcg	8%	2%
Thiamin	2.5 mg	500%	208%
Riboflavin	2.5 mg	500%	102%
Niacin (niacinamide)	2.5 mg	42%	16%
Vitamin B6 (pyridoxine HCl)	2.5 mg	500%	147%
Folate	85 mcg DFE (50 mcg folic acid)	57%	21%
Vitamin B12 (cyanocobalamin)	5 mcg	556%	208%
Biotin	5 mcg	53%	17%
Pantothenic Acid (calcium pantothenate)	5 mg	250%	100%
Choline (bitartrate)	2.5 mg	1%	<1%
Calcium (citrate)	65 mg	9%	5%
Iron (ferrous fumarate)	2.5 mg	36%	14%
Magnesium (citrate/malate/oxide)	32.5 mg	41%	8%
Zinc (citrate)	1.5 mg	50%	14%
Copper (citrate)	0.125 mg	42%	14%
Sodium	10 mg	<1%	<1%
Whole Food Concentrates	10 mg	**	**
(grape, pomegranate, strawberry, cranberry, blueberry, raspberry, bilberry, kale (leaf), cilantro (leaf), parsley (aerial), caper (berry), artichoke (leaf), black radish (root), dandelion (root), barley grass, celery (seed), beet (root), tomato)			
Stavia Leaf Powder	2 mg	**	**
Inositol	2.5 mg	**	**

† Percent Daily Values are based on a 1,000 calorie diet.

‡ Percent Daily Values are based on a 2,000 calorie diet.

** Daily Values not established.

Not a significant source of sugars.

Other ingredients: Microcrystalline cellulose, natural fruit flavors (raspberry, pineapple, banana, pomegranate, mango, passionfruit, orange, tangerine, mandarin, cherry, blueberry, strawberry), modified food starch, citric acid, magnesium stearate (vegetable grade).

Contains soy.



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