



NON-GMO · MASS SPEC

Documentation ✓ Lab Tested ✓

# natural Factors®

## Folic Acid

### 400 mcg

### 90 Tablets

SUPPORT FOR THE NERVOUS &  
REPRODUCTIVE SYSTEMS\*

## Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Folate	680 mcg DFE (400 mcg folic acid)	170%
Calcium (dicalcium phosphate)	20 mg	2%

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate (vegetable grade).

LOT & EXPIRY 1.3125" x .25" Single Line



R3

**Suggested usage:** 1 tablet 1–2 times per day or as directed by a health professional.

**Cautions:** As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Folic acid (vitamin B9) helps prevent neural tube defects when taken prior to becoming pregnant and during early pregnancy.\* It is used for production of DNA and red blood cells.\* It supports brain, nervous system function, and mental health.\* Folic acid is also needed for protein metabolism and may support cardiovascular health.\*

**Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.**

*Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.*

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT OF CANADA

Manufactured by Natural Factors Canada

Distributed by NATURAL FACTORS

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Purity & Potency  
Guaranteed

Recyclable container and label.