



NON-GMO · MASS SPEC

Documentation ✓ Lab Tested ✓

**Suggested usage:** 1 tablet per day or as directed by a health professional.

**Cautions:** As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Folic acid (vitamin B9) helps prevent neural tube defects when taken prior to becoming pregnant and during early pregnancy.\* It is used for production of DNA and red blood cells.\* It supports brain, nervous system function and mental health.\* Folic acid is also needed for protein metabolism and may support cardiovascular health.\*

**Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.**

*Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.*

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT OF CANADA  
Manufactured by Natural Factors Canada  
Distributed by NATURAL FACTORS  
14224 167th Avenue SE  
Monroe, WA 98272

Purity & Potency  
Guaranteed

Recyclable container and label.

natural  
**Factors**®

# Folic Acid

## 1000 mcg

### 90 Tablets

SUPPORT FOR THE NERVOUS &  
REPRODUCTIVE SYSTEMS\*

## Supplement Facts

Serving Size 1 Tablet

|                               | Amount Per Serving                    | % Daily Value |
|-------------------------------|---------------------------------------|---------------|
| Folate                        | 1700 mcg DFE<br>(1000 mcg folic acid) | 425%          |
| Calcium (dicalcium phosphate) | 27 mg                                 | 2%            |

Other ingredients: Microcrystalline cellulose, magnesium stearate (vegetable grade).

LOT & EXPIRY 1.3125" x .25" Single Line

