

Recommended Dosage: As a dietary supplement, take 5 tablets daily. Take 2 with breakfast and lunch and 1 with dinner, with a glass of water or juice. For optimum results, use this product with other Wachters' supplements.

THIS PRODUCT WAS SEALED FOR YOUR PROTECTION. DO NOT USE IF SEAL HAS BEEN TAMPERED WITH.

Keep out of reach of children

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

No. 40 Multi-Vitamin and Mineral is a complete formula that can help replace essential cell function factors. This product contains antioxidants Natural Vitamins E, C and A (Beta Carotene) plus high levels of B vitamins. The B vitamins may help strengthen the kidneys, improve energy levels and reduce nervousness. This combination contains at least 100 % of the U.S. Daily Value for 6 Vitamins. Vitamins E and C may reduce oxidative damage and improve circulation. Vitamin C can help prevent fat accumulation in blood vessels.

* This Statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure or prevent any disease.

This, like all of our products, contains the Wachters' Exclusive Blend of Sea Vegetation®, a unique combination comprising up to 15 different species of the highest quality sea vegetation from around the world, which serves as a synergistic activator of the other ingredients in this product, thereby enhancing their effectiveness.

WACHTERS'



No. 40

Multi-Vitamin Plus Minerals

A Multi-Vitamin/Mineral and Herbal
Dietary Supplement

300 TABLETS

Supplement Facts

Serving Size: 5 Tablets

Servings Per Container: 60

	Amount Per Tablet	% Daily Value
Vitamin A (as beta carotene)	6250 IU	125%
Vitamin C (as ascorbic acid, rose hips, acerola)	30 mg	50%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl, mixed tocopherols)	6 IU	20%
Thiamin (as mononitrate)	4 mg	267%
Riboflavin (as riboflavin)	8 mg	471%
Niacin (as niacin)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100%
Vitamin B12 (as cyanocobalamin)	2.5 mcg	42%
Biotin	5 mcg	2%
Pantothenic Acid (as d-calcium pantothenate)	3 mg	30%
Calcium (as phosphate, amino acid chelate)	365 mg	37%
Iron (as Ferronyl ®)	9 mg	50%
Phosphorus (as calcium phosphate, amino acid chelate)	280 mg	28%
Para-Aminobenzoic Acid	3 mg	*
Choline Bitartrate	8 mg	*
Inositol	8 mg	*
Proprietary Blend consisting of: Wachters' Exclusive Blend of Sea Vegetation® Alfalfa Leaf (<i>Medicago sativa</i>), Chlorophyll, Sodium Alginate, Papain and Lecithin.	1500 mg	*

* Daily Value not established

Wachters' Organic Sea Products dietary supplements contain no preservatives, yeast, artificial colorings, artificial flavorings, sugar, starch or animal products. No heat, moisture or chemicals are used in preparation of No. 40.

Manufactured By Wachters' Organic Sea Products

550 Sylvan Street, Daly City, CA 94014

To report a serious adverse event or obtain product
information, call 1-800-682-7100 • www.wachters.com

Made in U.S.A.

Code # 5260