

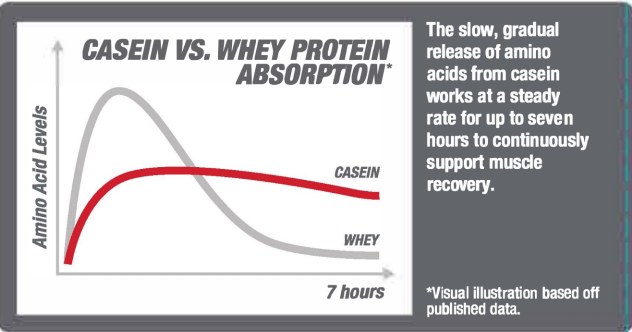
PRO PERFORMANCE® RESULTS

Maintaining adequate protein levels throughout the day can be a challenge. Casein is a slow-release protein naturally rich in glutamine and branched chain amino acids (BCAA). 100% Casein contains 25 grams of protein, providing slow and steady amino acids for muscle growth and maintenance over several hours.*^ A perfect choice for overnight and long-period lean muscle recovery, 100% Casein supports your wellness and performance goals.*^

PRO PERFORMANCE® QUALITY

100% Casein is tested and certified Banned Substance Free. It is gluten free, tastes great and mixes easily with a simple stir, shake or blend.

*When used in conjunction with an exercise program.



INFORMED-CHOICE

Trusted by sport

Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. *Product was tested for over 145 banned substances on the 2016 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307. See gnc.com for more information.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC



PRO PERFORMANCE

25G PROTEIN | 120 CALORIES | <1G SUGARS

100% CASEIN

High-Quality, Gluten Free Protein
Supports Muscle Recovery with Slow-Digesting Protein*^



DIETARY SUPPLEMENT
28 SERVINGS
Net Wt 34.57 oz (2.16 lb) 980 g

CHOCOLATE SUPREME
NATURAL AND ARTIFICIAL FLAVORS

CODE 386496
DIRECTIONS: As a dietary supplement, mix one scoop (35 g) in 10 fl. oz. of cold water, milk or your favorite beverage and blend well. Consume 1-2 servings per day. Best enjoyed early in the day, post-workout and/or before bed as an additional source of protein.

Supplement Facts

Serving Size One Scoop (35 g)
Servings Per Container 28

Amount Per Serving	% Daily Value	
Calories	120	
Calories from Fat	10	
Total Fat	1 g	2%†
Saturated Fat	0.5 g	3%†
Cholesterol	20 mg	7%
Total Carbohydrate	3 g	1%†
Dietary Fiber	1 g	4%†
Sugars	<1 g	*
Protein	25 g	
Calcium	600 mg	60%
Iron	1.1 mg	6%
Sodium	230 mg	10%
Potassium	290 mg	8%

† Percent Daily Values based on a 2,000 calorie diet.
* Daily Value not established.

INGREDIENTS: Micellar Casein, Cocoa (Processed with Alkali), Natural and Artificial Flavors, Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono- and Diglycerides, Tocopherols, Tricalcium Phosphate), Salt Substitute (Salt, Sodium Gluconate, Potassium Chloride), Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Lecithin, Salt, Sucralose, Acesulfame Potassium, Polydextrose, Caramel Color.

CONTAINS: Milk and Soybeans.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.



KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548
SHOP NOW @ GNC.COM
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

THREE WAYS TO ENJOY YOUR 100% CASEIN PROTEIN

1 SHAKE
Combine with cold water, milk or your favorite beverage in a shaker cup

2 BLEND
Make a delicious smoothie adding fruits, juices, peanut butter or yogurt

3 EAT
Mix powder in your oatmeal, yogurt or your favorite food

