

Suggested usage: 2 softgels 1-2 times per day or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastleading, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children. Three Brains® is a line of supplements designed to support the critical relationship between our head, heart, and gut. Together, these three "brains" influence our countition and support a health mind.*

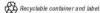
Higher Thoughts™ is a unique combination of antioxidants, phospholipids, and omega-3 fatty acids specifically formulated to optimize normal cognitive and cardiovascular health.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

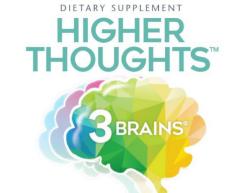
Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, egg, shellfish, salt, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.







Supports brain performance, memory, and focus*

90 softgels

Supplement Facts

Serving Size 2 Softgels Servings Per Container 45

Amount i	Per Serving	% Dally Val
Pharmaceutical Grade Fish Oil Concentrate (molecularly distille	ed,	
ultra-purified) (anchovy, sardine, and/or mackerel)	360 mg	**
Omega-3 Fatty Acids	180 mg	**
Eicosapentaenoic Acid (EPA)†	90 mg	**
Docosahexaenoic Acid (DHA)†	60 mg	**
Phosphatidylcholine (from soy lecithin [Glycine max, seed])	100 mg	**
Phosphatidylserine (from 138 mg Sharp-PS* non-GMO sunflower lecithin complex [Heilanthus annuus, seed]) (Contains naturally occurring phosphatidylcholine (PC), phosphatidylinositol (PI), and phosphatidylethanolamine (PE))	50 mg	**
L-Alpha-Glycerophosphorylcholine (from soy lecithin [Glycine max, seed])	100 mg	**
Sunphenon® Green Tea Extract <i>(Camellia sinensis)</i> (leaf) (75% catechins, 40% EGCg)	100 mg	**
** Daily Value not established. † Ethyl ester form.		

Other ingredients: Softget (glycerin, gelatin, purified water, carob), yellow beeswax, natural vitamin E. Contains fish and soy.

Sharp-PS® is a registered trademark of Enzymotec Ltd. Sunphenon® is a registered trademark of Talyo International Inc.



PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272

Purity Potency
Guaranteed

48058|03050

Recyclable container and label.

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NON-GMO - MASS SPEC

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HIGHER THOUGHTS



Supports brain performance, memory, and focus*

90 softgels

Supplement Facts

Serving Size 2 Softgels Servings Per Container 45

Amount Per Serving % Daily Value

Pharmaceutical Grade Fish Oil Concentrate
(molecularly distilled, ultra-purified)
[anchovy, sardine, and/or mackerel) 360 mg **

Omega-3 Fethy Acids 180 mg **

Elcosapentaenoix Acid (EPA)† 90 mg **

Docosalexcenoix Acid (DHA)† 60 mg **

Phesophati Mycholine

from say lecithin [Glycine max, seed]) 100 mg Phosphatidylserine

**Incorporatorylearine*
(from 138 mg/Sharp-PS* non-GMO sunflower lecithin complex
[Hatianthus annuus; seed]) 50 mg
(Contains returnity occurring phosphatidylcholine (PC),
phosphatidylinositoi (P1), and phosphatidylcholine (PE))

L-Alpha-Giverophosphorylcholine from soy leetthin [Glycine max; seed]] 100 mg Sunphenonii Green Tea Exhact (Cameilla ahrensis) (set) (75% catechins, 40% ESOg) 100 mg

Daily Value not established.
 † Ethyl ester form.

Other ingredients: Softgel (glycerin, gelatin, purified water, carob), yellow beeswax, natural vitamin E.

Contains fish and soy.

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Sunphenon* is a registered trademark of Taiyo International Inc.

"Nutrients from whole foods, exercise, and supplements are effective, non-invasive ways to support the 'three brains' interaction – optimize cognition and support a healthy mind." – Karen Jensen, ND



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A BOLD NEW INNOVATION IN HEALTHY MIND SUPPORT!*

Higher Thoughts is specifically formulated to support those experiencing mental fatigue due to added demands of work, school, or normal aging.* It nourishes the brain and heart.*

KEY INGREDIENTS KEY BENEFITS Omega-3 Support the brain and heart* FPA & DHA Support function and **Phosphatidylserine** maintenance of the nervous system; promotes mood phosphatidylcholine and a healthy mind* Alpha GPC Supports healthy memory: (a bioavailable counteracts the negative source of effects of common mental acetylcholine) and physical stressors* Promotes a calm but Green tea (an antioxidant) alert minds

Higher Thoughts is an excellent stand-alone product, but can be combined with 3 Brains Total® for comprehensive and optimal three-brain support.*

GUT HEAD

Observing
engaged with
the world

HEART
Resching out to
the world