

Our non GMO, cold-pressed Black Seed Oil is a natural, wegan source of essential fatty acids. Because essential fatty acids aren't manufactured by the body, they must be consumed in your diet. Essential fatty acids play an important role in maintaining the integrity and structure of body tissues.*





Black Seed Oil

Natural source of omega fatty acids









sweeteners

DIETARY SUPPLEMENT | 8 FL OZ (235 ML)

CODE 375212 DIRECTIONS: As a die

DIRECTIONS: As a dietary supplement, take 1-2 teaspoons daily. Refrigerate after opening.

Supplement Fac

Serving Size One Teaspoon (5 mL)
Servings Per Container 47

Amount Per Serving	% Daily
Calories	45
Total Fat	5 g
Saturated Fat	1 g
Black Cumin Seed Oil (Nigella sativa)	5 g
Linoleic Acid (Omega-6)	2000 mg
Oleic Acid (Omega-9)	850 mg

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: None.

No Artificial Sweeteners, Gluten Free. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Adminis This product is not intended to diagnose, treat, cure, or prevent any disease.