

Built By Science. Driven By Obsession. Elevated Through Innovation.

If it's on our labels, then it's in our bottles. Beyond Raw® Macros delivers a blend of proteins from animal and plant sources plus fruits, veggies, grains and dietary fats. What's more, Macros doesn't contain soy, dairy or whey protein ingredients, and it's lactose free. Real nutrition that's customizable to fit your macros.

Proven Ingredients. Proven Doses. Clinical Quality. Real Science. Real Results.



KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. For More Information: 1-888-462-2548 **BEYONDRAW.COM** Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 USA

BEYOND RAW®

MACROS

WHOLE FOODS BASED MEAL SUPPLEMENT

MAPLE BROWN SUGAR

NATURAL & ARTIFICIAL FLAVOR

40g

LEAN PROTEIN*

30g

COMPLEX CARBS*

5g

DIETARY FATS*

2g

SUGARS*

*Per 2 scoops

24 SERVINGS

DIETARY SUPPLEMENT

NET WT 4.44 LB (71.11 OZ) 2016 G

CODE 369793

DIRECTIONS: As a dietary supplement, mix two rounded scoops (84 g) into 12 fl. oz. of water for a full serving, or one rounded scoop (42 g) into 6 fl. oz. of water for a ½ serving. Customize your serving size as needed to fit your macros.

Supplement Facts

	1 Scoop (42 g)	2 Scoops (84 g)
Serving Size	48	24
Servings Per Container		
Amount Per Serving	% Daily Value	% Daily Value
Calories	160	330
Total Fat	2.5 g	3%†
Saturated Fat	1.5 g	8%†
Trans Fat	0 g	0 g
Cholesterol	10 mg	3%†
Total Carbohydrate	15 g	5%†
Dietary Fiber	2 g	7%†
Total Sugars	1 g	*
Includes 0 g Added Sugars	0%†	0%†
Protein	20 g	40%†
Vitamin A (as Vitamin A Palmitate)	112.5 mcg RAE	12.5%
Vitamin C (as Ascorbic Acid)	11.25 mg	12.5%
Vitamin D (as Cholecalciferol D-3)	2.5 mcg (100 IU)	12.5%
Vitamin E (as d-alpha Tocopheryl Acetate)	1.875 mg	12.5%
Vitamin K (as Phytonadione)	15 mcg	12.5%
Thiamin (as Thiamin Mononitrate)	0.15 mg	12.5%
Riboflavin	0.1625 mg	12.5%
Niacin (as Niacinamide)	2 mg	12.5%
Vitamin B-6 (as Pyridoxine Hydrochloride)	0.2125 mg	12.5%
Folate	50 mcg DFE (29.44 mcg Folic Acid)	12.5%
Vitamin B-12 (as Cyanocobalamin)	0.3 mcg	12.5%
Biotin	3.75 mcg	12.5%
Pantothenic Acid (as d-Calcium Pantothenate)	0.625 mg	12.5%
Choline (as Choline Bitartrate)	13.75 mg	3%
Calcium (as Tricalcium Phosphate & Tricalcium Citrate)	162.5 mg	12.5%

Amount Per Serving	% Daily Value	% Daily Value
Iron (as Ferric Sulfate)	2.25 mg	12.5%
Phosphorus (as Tricalcium & Dipotassium Phosphate)	156.25 mg	12.5%
Iodine (as Potassium Iodide)	18.75 mcg	12.5%
Magnesium (as Magnesium Oxide)	52.5 mg	12.5%
Zinc (as Zinc Oxide)	1.375 mg	12.5%
Copper (as Copper Gluconate)	0.1125 mg	12.5%
Manganese (as Manganese Sulfate)	0.2875 mg	12.5%
Molybdenum (as Sodium Molybdate)	5.625 mcg	12.5%
Sodium	240 mg	10%
Potassium (as Dipotassium Phosphate)	235 mg	5%
Complex Carb Blend	15 g	30 g
Grains & Legumes (Oat Flour, Pea Starch, Quinoa Powder)	8.8 g	*
Other Carbs (Protein Blend, Fat Blend, Flavors)	3.95 g	*
Veggie Blend (Sweet Potato Powder, Amaranth Powder, Broccoli Powder, Kale Powder)	1.25 g	*
Fruit Blend (Banana Powder, Wild Blueberry Powder, Raspberry Powder, Acerola Fruit Juice Powder)	1 g	*
Protein Blend	20 g	*
Animal Proteins (Beef Protein Isolate, Chicken Protein Isolate, Egg Albumin)	15 g	*
Plant Proteins (Pea Protein, Brown Rice Protein, Chickpea Protein, Quinoa Powder)	5 g	*
Dietary Fats Blend (Flaxseed Powder, MCT Oil, Other Fats)	2.5 g	*

OTHER INGREDIENTS: Natural & Artificial Flavors, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Acesulfame Potassium, Sucralose.

CONTAINS: Eggs and Tree Nuts (Coconut).

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Significant product settling may occur. Use this product as a food supplement only. Do not use for weight reduction. Gluten Free, Does Not Contain Soy Ingredients, Does Not Contain Dairy or Whey Protein Ingredients.

FTG