

alcohol-free

Withania somnifera

ASHWAGANDHA

ENERGY & VITALITY*



HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

SUGGESTED USE

SHAKE WELL BEFORE USING
Add 1 full squeeze of the dropper bulb
to 2 oz. of water or juice, 2 or 3 times
per day. Best taken between meals.

Caution: Seek expert medical advice
before taking during pregnancy.

Keep Out of the Reach of Children

Store away from heat & light

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Ashwagandha Glycerite

Supplement Facts

Serving Size: 0.7 ml	Servings: about 168
Amount Per Serving	% DV
Ashwagandha root (<i>Withania somnifera</i>) © extract 833 mg ©	†
† Daily Value (DV) not established	

Other Ingredients: certified organic vegetable
glycerin & distilled water. **Gluten-Free**

© Certified Organic

© Extraction rate 175 mg herb per 0.7 ml.

CONTAINS NO ALCOHOL

Dry herb / menstruum ratio: 1 : 4

We prepare our Ashwagandha Glycerite from the
whole root of **certified organically grown** *Withania
somnifera* plants.

HERB PHARM • WILLIAMS, OR 97544

800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.