SUGGESTED USE Consume one or more capsules daily or as recommended by your physician. This product is most effective as part of a healthy diet and active lifestyle. For questions about the use of this product call 800-332-7799.

FOR OVER 40 YEARS Unsurpassed Purity, Quality and Efficacy

100% SOLAR PRODUCTION | ZERO CARBON FOOTPRINT

We Remain Uniquely Committed to You and the Planet.





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Comprehensive Probiotic Complex

ULTIMATE FRIENDLY **FLORA**

25 BILLION CFU



Dietary Supplement | 180 Easy-to-Swallow Capsules

Andrew Lessman's ULTIMATE FRIENDLY FLORA is a comprehensive blend of five established, beneficial probiotic strains, delivering an exceptional 25 Billion Colony Forming Units (CFU) per capsule. Probiotic means "for life" and probiotic-rich foods have been consumed for thousands of years. However, our diet is no longer rich in microflora with yogurt remaining one of its only sources, which typically contains unwanted calories and sugar and only provides unreliable levels of a single strain of microflora. There are trillions of beneficial microorganisms (microflora) in our body and their healthy balance is essential to the health of our digestive and immune systems. Our Friendly Flora is designed to enhance the balance of these microorganisms in our digestive, immune, urinary and genital systems. It is well established that the microflora in our GI (gastrointestinal) tract play a vital role in promoting healthy digestion, including nutrient absorption and regularity. Maintaining a proper balance of our microflora is also essential to healthy immune system function. The delicate balance of microflora is easily upset by stress. poor diet, digestive issues and aging. This fragile balance is further disrupted by medications that affect the digestive system and its pH balance, such as antacids or antibiotics, which can entirely wipe out our microflora. Ultimate Friendly Flora provides 25 Billion Colony Forming Units per capsule of five carefully selected varieties of established, beneficial Lactobacillus paracasei (Lpc-37) microflora to ensure the essential benefits of these remarkably healthy "friends."

These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease. CONTAINS NO COMMON ALLERGENS OF ANY KIND

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t	Supplement Fa Serving Size 1 Capsule	I CTS Servings Per Container 1
า	Amount Per Serving	
е	Total CFU (Colony Forming Units)	25 Billion
S	Lactobacillus acidophilus (La-14	4) 10 Billion CFU
е	Lactobacillus plantarum (Lp-11	5) 5 Billion CFU

5 Billion CFU

Bifidobacterium lactis (HN019/Bi-04) 5 Billion CFU † Daily Value not established. Other Ingredients: Natural plant cellulose (acid resistant) vegetarian capsule, microcrystalline cellulose, silicon dioxide, magnesium stearate, sources of heat or humidity. It does not require refrigeration.

NOTE This product should be stored in a cool, dry place and kept away from