

VegiDay® Energy from the ground up – nourishing our world, one meal at a time.

Everyone on our marvelous planet deserves to be well nourished. But as Earth's population continues to grow, how will we feed everyone? The simplest – and most sustainable – route to nourishing the world is to produce food that uses less of the planet's resources. A seed only requires water, some nutrients from the soil, and a whole lot of energy from the sun to become a nourishing plant that can sustain life. Producing animal protein uses far more resources to deliver an equivalent amount of protein. When we choose to replace animal protein with plant protein, even for just one meal a day, we save enough resources to give five more people a serving of plant protein. A diet rich in plants is also better for our health, and better for the environment. VegiDay is part of a growing movement that encourages us to welcome and sustain life by reducing our consumption of animal protein.

Suggested usage: Add 1 scoop (36.5 g) per day to 8.45 oz (250 ml) of water, juice, or non-dairy beverage and shake or blend until smooth, or use as directed by a health professional. Keep out of the reach of children.

The best tasting and highest quality organic vegan protein – also available in these delicious flavors: Decadent Chocolate and Very Berry. Also available in Natural Unflavored.

- Provides 20 g of complete raw vegan protein per serving
- Makes a healthy and convenient snack option
- This organic vegan formula includes a wholesome combination of 6 gluten-free, soy-free, and non-GMO, easy to digest protein sources: pea, rice, pumpkin, quinoa, spirulina, and chlorella
- No artificial colors, additives, or sweeteners
- With natural source organic flavors

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.



Raw Organic 100% PLANT-BASED PROTEIN

with Pea, Rice, Pumpkin, Quinoa, Spirulina & Chlorella

Net Wt 1.2lb (547.5g)

DIETARY SUPPLEMENT



PROTEIN
20g

FIBER
2g

CALORIES
130

FAT
2g

SERVINGS
15

**FRENCH
VANILLA**



PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272
Certified Organic by
Quality Assurance International



**Purity & Potency
Guaranteed**

Recyclable container and label. R4

Supplement Facts

Serving Size 1 Scoop (36.5 g)
Servings Per Container 15

	Amount Per Serving	% Daily Value
Calories	130	
Total Fat	2 g	3%‡
Saturated Fat	0.5 g	3%‡
Total Carbohydrates	8 g	3%‡
Dietary Fiber	2 g	7%‡
Total Sugars	2 g	
Includes 2 g Added Sugars		4%‡
Calcium	60 mg	5%
Iron	7 mg	39%
Sodium	260 mg	11%
Potassium	50 mg	1%
Protein	20 g	
Plant Protein:	27.8 g	**
Organic Pea Protein (<i>Pisum sativum</i>), Organic Sprouted Brown Rice Protein (<i>Oryza sativa</i>), Organic Pumpkin (<i>Cucurbita pepo</i>) (seed), Organic Quinoa (<i>Chenopodium quinoa</i>) (seed), Organic Chlorella (<i>Chlorella vulgaris</i>) (broken cell), Organic Spirulina (<i>Arthrospira platensis</i>) (whole)		
Organic Stevia Extract (<i>Stevia rebaudiana</i>) (leaf)	140 mg	**

‡ Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Amino Acid Profile

Per Serving

Alanine	0.7 g
Arginine	1.4 g
Aspartic Acid	2.0 g
Cysteine	0.1 g
Glutamic Acid	3.1 g
Glycine	0.7 g
Histidine	0.4 g
Isoleucine	0.8 g
Leucine	1.5 g
Lysine	1.2 g
Methionine	0.2 g
Phenylalanine	0.9 g
Proline	0.8 g
Serine	0.9 g
Threonine	0.6 g
Tryptophan	0.1 g
Tyrosine	0.6 g
Valine	0.9 g

Other ingredients: Flavor (organic natural source flavor blend, organic French vanilla flavor, organic vegan cream flavor), organic guar gum.

