Suggested Use For optimum cholesterol reduction, consume one or two CHOCONUVO Café squares with each meal (with no less than two meals daily). Other than pure enjoyment, there is no need to consume more than five squares daily for cholesterol reduction. CHOCONUVO Café should be consumed shortly before, during or after meals. Best results are achieved when combined with a healthy, low cholesterol, high fiber diet. Like any creamy chocolate, CHOCONUVO melts when exposed to heat. Should this occur, simply place it in the refrigerator and it will solidify back to its normal state. CHOCONUVO is perfect for baking, since its flavor and health benefits are not affected by exposure to heat. For questions about the use of this product call 800.332.7799.

NOTE. The coffee granules in CHOCONUVO Café only add a minimal amount of caffeine per square (less than 5 mg).

SUPPLEMENT FACTS Serving Size 1 Piece (6 g), Servings: 60, Amount Per Serving: Calories 25, Total Fat 2 g (3%DV), Saturated Fat 1 g (5%DV), Trans Fat 0 g, Cholesterol 0 mg (0%DV), Total Carb. 2 g (1%DV), Dietary Fiber less than 1g (2%DV), **Total sugars** 1g, Includes 1g Added Sugars (2%DV), **Natural Plant** Sterol Esters 650 mg (†), Cocoa Flavanols (approx.) 55 mg (†)

\* Percent Daily Value (%DV) are based on a 2,000 calorie diet. † DV not established.

Other Ingredients Organic 74% Cacao Dark Chocolate (Organic Fair Trade Cacao Beans, Organic Evaporated Cane Syrup, Organic Fair Trade Cocoa Butter, Organic Sunflower Lecithin) and Organic

Coffee Granules (Organic Fair Trade Coffee Beans).



QUESTIONS? CALL 800.800.1200

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**ORGANIC** 

**60 SIX-GRAM SQUARES** NET WT 12.7 OZ (360 G)

"Uniquely Heart-Healthy Chocolate"

**CHOCO**NUVO

74% CACAO DARK CHOCOLATE

ORGANIC FAIR TRADE DARK CHOCOLATE

(ORGANIC FAIR TRADE CACAO BEANS, ORGANIC EVAPORATED CANE SYRUP

ORGANIC FAIR TRADE COCOA BUTTER, ORGANIC SUNFLOWER LECITHIN

CHOLESTACARE NATURAL PLANT STEROL ESTERS

AND ORGANIC FAIR TRADE COFFEE BEANS.



**FAIR TRADE** 

Mother Nature's Dynamic Duo of Heart Health.

**Chocolate – Respected for Thousands of Years.** 

experience that naturally lowers cholesterol.

Cocoa was revered by ancient South and Central American A Natural Solution to an Unhealthy Problem.\* century New World.

A Unique Dark Chocolate Experience.

CHOCONUVO Café combines the heart-healthy benefits In recent years, due to its myriad health benefits, interest in dark chocolate of dark chocolate with Mother Nature's most powerful and has exceeded that of milk chocolate. Dark chocolate provides higher clinically proven cholesterol-reducing ingredient (plant levels of healthy flavanols than milk chocolate and also contains less sugar, sterols), along with the rich flavor of organic fair trade fat and calories, along with no added milk. It is this uniquely high level coffee. Naturally occurring compounds in dark chocolate of flavanols that imparts dark chocolate's rich flavor and health benefits, called flavanols have long been known to promote heart but also causes its drier texture. CHOCONUVO Café's unique marriage and circulatory health. The unique combination of our natural of dark chocolate and coffee granules with cholesterol-lowering plant plant sterols with our flavanol-rich organic dark chocolate sterols creates an exceptionally healthy dark chocolate treat that melts creates the creamiest and most luxurious dark chocolate in your mouth like milk chocolate. In fact, our dark CHOCONUVO Café 74 you will ever taste with the perfect hint of coffee crunch was specifically created for those who enjoy the flavor and health benefits and coffee flavor. CHOCONUVO is also the first chocolate of dark chocolate, but prefer the creamy texture of milk chocolate, along with a hint of coffee flavor and texture.

Dark Chocolate and Plant Sterols:

cultures. In fact, Aztec emperor Montezuma proclaimed The normal American diet increases cholesterol levels and the risk of cocoa a divine beverage that fights fatigue while Spanish heart disease. As a result, millions of Americans take cholesterol-lowering explorer Hernando Cortes praised its benefits for physical drugs with their long list of harmful side effects. If you and your physician endurance. For centuries, cocoa was not merely a source seek a natural tool to lower cholesterol, then CHOCONUVO Café is of nourishment, but of resilience, stamina and well-being. an ideal solution. We add the clinically proven cholesterol-lowering The scientific name for the cacao tree translates as God's benefits of plant sterols to our heart-healthy Organic 74% Coffee-Drink. As admired as cocoa was by Native Americans, it is Flavored dark chocolate. In fact, the 1,300 mg of plant sterols in just two not surprising that it soon became equally prized in the 16th CHOCONUVO Café squares is all you need to powerfully impact your cholesterol levels.\*

\*According to the US Food and Drug Administration, consuming at least 650 mg of plant sterol esters twice daily with meals for a daily total intake of at least 1,300 mg as part of a healthy diet low in saturated fat and cholesterol, may reduce the risk of heart disease. Each **CHOCONUVO Café** square supplies 650 mg of plant sterol esters.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

HENDERSON, NV 89011