



Suggested usage: Children 3 years & older. Chew 1 tablet 1–2 times per day or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Big Friends Chewable Vitamin D3 is a convenient 10 mcg (400 IU) tablet in a delicious berry bunch flavor. A factor in the maintenance of good health.* Helps in the development and maintenance of bones and teeth.* Helps in the absorption and use of calcium and phosphorus.* Helps to prevent vitamin D deficiency.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, yeast, soy, egg, fish, shellfish, salt, tree nuts, or GMOs. Suitable for vegetarians. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272

Purity & Potency
Guaranteed

Recyclable container and label.

LOT & EXPIRY 1.3125" x .25" Single Line

BigFriends®

CHEWABLE

VITAMIN D3 10 mcg

BERRY BUNCH

Sugar & Gluten Free

Naturally Sourced
Flavors & Colors

250 Chewable Tablets



Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value for Children 3 Years of Age	% Daily Value for Adults and Children 4 or more Years of Age
Total Carbohydrate	<1 g	<1%†	<1%‡
Xylitol	<1 g		
Vitamin D3 (cholecalciferol) (lanolin)	10 mcg (400 IU)	67%	50%

† Percent Daily Values are based on a 1,000 calorie diet.

‡ Percent Daily Values are based on a 2,000 calorie diet.

Not a significant source of sugars.

Other ingredients: Natural strawberry flavor, magnesium stearate (vegetable grade), natural color source (red carrot).

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