## suggested use Essential Amino Protein is designed to be an ultra-high efficiency protein source and a convenient substitute for typical protein powders. Determine your daily intake by considering your body weight, dietary protein intake and activity level. General recommendations are at least four capsules (one to four times daily), with higher levels for those engaging in intense physical activity or lacking sufficient dietary protein. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle, along with a daily multi-vitamin-mineral

of this product, call 800.808.7311.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

formula. For answers to questions about the use

## THIS PRODUCT IS ONLY AVAILABLE FROM



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A COMPLETE RALANCED PROTEIN SOURCE

## ESSENTIAL AMINO PROTEIN

ULTRA-HIGH EFFICIENCY PROTEIN SOURCE FORTIFIED WITH ALL ESSENTIAL AMINO ACIDS



PROCAPS

ALL-SOLAR MANUFACTURING

360 Easy-to-Swallow Capsules

Andrew Lessman's ESSENTIAL AMINO PROTEIN starts with an ultrahigh quality, easy-to-digest protein source delivering exceptional potencies of the Essential and Branched Chain amino acids in the form of easy-to-absorb, simpler peptides and free-form amino acids. Typical protein sources and powders contain large complex proteins, but Essential Amino Protein starts with an ultra-high quality protein source and we then create a "super" protein by fortifying it with even higher levels of Essential and Branched Chain amino acids. Essential Amino Protein is not just the most advanced protein source for athletes, but also provides the highest quality amino acids for the structure and maintenance of all our vital organs. It is designed to improve the protein quality of our diet by delivering the Essential amino acid balance of our most critical organs and structures (heart, liver, muscles, etc.). It also delivers the high quality protein necessary for the structure and function of our enzymes, which we rely on to perform ALL biochemical and metabolic activities. It is well-established that the quality (more than the quantity) of protein determines optimum health and physical performance, which is why Essential Amino Protein focuses on quality providing higher levels of the most important, costly and difficult-to-obtain amino acids. Of course, the protein in this product is hormone-free, lactose-free and sodium-free. Essential Amino Protein's convenient and easy-to-swallow capsules contain a perfectly balanced, mild and easy-to-absorb source of amino acids that renders typical protein powders obsolete. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. CONTAINS NO Soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color,

preservative or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts

Serving Size 4 Capsules Servings Per Container 90

Amount Per Serving	%DV*	
Calories 10		
Protein	2 g	4%
L-Lysine <sup>E</sup>	400 mg	g †
L-Glutamic Acid	300 mg	g †
L-Arginine	150 mg	g †
L-Leucine <sup>EB</sup>	150 mg	g †
L-Isoleucine <sup>E B</sup>	150 mg	g †
L-Valine <sup>EB</sup>	150 mg	g †
L-Aspartic Acid	100 mg	g †
L-Proline	90 mg	g †
L-Serine	50 mg	g †
L-Tyrosine	50 mg	g †
L-Phenylalanine <sup>E</sup>	40 mg	g †
L-Cysteine	25 mg	g †
L-Glycine	25 mg	g †
L-Alanine	24 mg	g †
L-Histidine <sup>E</sup>	24 m	g †
L-Threonine <sup>E</sup>	22 m	g †
L-Methionine <sup>E</sup>	22 mg	g †
L-Tryptophan <sup>E</sup>	13 m	ø †

1 \*\*MDV are based on a 2,000 calorie diet. † D'V not established. Ingredients: Calcium Caseinate (milki), L'Lysine HC), LGlutamic Aold HC), Free Form L-Arginine, Free Form L-Soleucine, Free Form L-Aughrich, Free Form L-