

GNC SuperFoods Coconut Oil is a natural source of medium chain triglycerides (MCTs), which are quickly absorbed by the body and used as energy. MCTs are hydrolyzed more rapidly and metabolized more completely than long chain fatty acids. Made with organic coconut oil and naturally free of trans fat, 100% cholesterol free and manufactured to cGMP standards.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA



GNC
SUPERFOODS
COCONUT OIL

EXTRA VIRGIN

- Natural source of MCTs
- 1,000 mg of coconut oil per softgel



240 SOFTGELS
60-DAY SUPPLY

DIETARY SUPPLEMENT

CODE 201001
DIRECTIONS: As dietary supplement, take four softgels each day with food or water.

Supplement Facts

Serving Size Four Softgels
Servings Per Container 60

Amount Per Serving	% Daily Value	
Calories	35	
Total Fat	4 g	5%†
Saturated Fat	4 g	20%†
Cholesterol	0 g	0%
Organic Coconut Oil	4000 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Gelatin, Glycerin, Caramel Color.

CONTAINS: Tree Nuts (Coconut).

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Flavors, Sodium Free, No Wheat, Gluten Free, No Corn, No Soy, No Dairy.

Typical Fatty Acid Profile	
Fatty Acid	Average %
Caprylic Acid	5%
Capric Acid	4%
Lauric Acid	44%
Myristic Acid	13%
Palmitic Acid	6%
Linoleic Acid	0.5%