You've got everything to gain.

PurEdge" Plant-Based Gainer provides 570 calories, 50 g of vegan protein, 8 g of BCAAs and BETAPOWER to help fuel gains in muscle, power and performance!**

- A complete source of protein from 7 plant-based sources that includes all 9 essential amino acids
- Supplies 70 g of carbs from ancient grains and includes 8 g of fiber to increase the feeling of fullness!*
- Features BETAPOWER® made from beet root, which supports power and is clinically studied to enhance athletic performance**
- Includes enzymes from pineapple and papaya to support digestion*
- * When used in conjunction with an exercise program.
 Per 4-scoop serving.

BETAPORE' is a registered trademark of DuPont or its affiliates.

Carbilo' is a trademark of Compound Solutions, Inc.
elevAITP' is a registered trademark of VIDF FutureCeuticals, Inc., and is
covered by U.S. Patent No. 9.327.005, used under license.

ModCarb'* is a trademark of VIDF FutureCeuticals, Inc., used under license.

TRAMCS' is a registered trademark of Albion Laboratories, Inc.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



KEEP DUT OF REACH OF CHILDREN. Store in a cool, dry place. For More Information: 1-888-452-2548 GMC.com Distributed by: General Mutrition Corporation Pittsburgh, PA 15222 USA



CODE 370108

DIRECTIONS: As a dietary supplement, add 2-4 scoops to 12-24 fl. oz. of water and mix thoroughly.

FTG

Serving Size Servings Per Container	Two Scoops (72.5 g) 28		Four Scoops (145 g) 14	
Amount Per Serving	% Daily Value		% Daily Value	
Calories	280		570	
Total Fat	5.5 q	7%†	11 q	14%†
Saturated Fat	1 q	5%†	2 q	10%†
Total Carbohydrate	35 g	13%†	70 g	25%†
Dietary Fiber	4 q	14%†	8 g	29%†
Total Sugars	5 q	*	10 g	*
Includes Added Sugars	2 q	4%†	4 q	8%†
Protein	25 q		50 q	
Calcium	55 mg	4%	110 mg	8%
Iron	6 mg	33%	12 mg	67%
Magnesium	115 mg	27%	230 mg	55%
Zinc (as Zinc Citrate)	2.5 mg	23%	5 mg	45%
Sodium	270 mg	12%	540 mg	23%
Potassium	430 mg	9%	860 mg	18%
Whole-Food-Based Vegan Performance Blend	2.745 q		5.490 q	
Zucchini Powder	1.42 g	*	2.84 q	*
Betaine (as BETAPOWER* Betaine Anhydrous)(from Beet Root)	1.25 q	*	2.5 q	*
elevATP* (Ancient Peat & Apple Extract)	75 mg	*	150 mg	*
Nutrient Digestion Blend	50 mg	*	100 mg	*
Bromelain (from Pineapple Stem)	25 mg	*	50 mg	*
Papain (from Papaya Fruit)	25 mg	*	50 mg	*

[†] Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGESTIENTS, Flant Based Protein Bleed (Pea Protein, White Bean Powder, Globon Proder, Brown Rice Protein Fishward Pewder, World Agal Protein, Lin Seed Hallo, Lin Bleed (Pea Starts Fe, 16 cmb) 7 Sweet Pedab Powder, Modicaris' (Feat Brown, American's Quince, Bucksheist, Miller, Chia), Cocco Pewder (Processed with Milaid), Fet Bleed (Flasseed Pewder, Senditive Oll, Sefficien Oll, Chia Seed Health, Matteral Flames, Polypeterrose, TRANSE Magnetium Bioglycinate Chelate, Gum Bleed (Organic Guin Arabic, Organic Guar Gum, Xanthan Gum), Monk Fruit Extract, Silicon Bonder, Series Extract, Cocco Extract Of W. Theodromine).

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Artificial Sweeteners, No Artificial Colors, No Artificial Flavors, No Preservatives, No Wheat,

Gluten Free, No Soy, No Dairy.

NOTICE: Significant product settling may occur.