Smarter "fast food."

Get 20 g of plant-based protein without the soy plus fruits, vegetables and botanicals - all in one convenient, delicious shake. Order up!

- Packed with 20 g of organic pumpkin, pea and rice protein for a complete source of protein
- Contains organic fruits and veggies plus organic adaptogenic mushrooms
- Features PreticX[™], an organic, vegetarian, non-GMO prebiotic, which supports digestive health*
- Includes organic matcha powder from Japan
- Contains omega-3 fatty acids from flax seeds that help support cardiovascular, digestive and joint health*

PreticX[™] is a trademark of AIDP.

hese statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: GNC.com Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 USA

Certified Organic by Oregon Tilth, Corvallis, OR.





OrganIQ Eats™

Organic, plant-based protein infused with fruits, vegetables and botanicals











Mixed Berry NATURAL FLAVOR

NET WT 28.41 OZ (1.78 LB) 805.4 G

DIETARY SUPPLEMENT

CODE 364339 DTG

DIRECTIONS: As a dietary supplement, add 1 scoop to 8 fl. oz. of cold water and mix thoroughly

Supplement Facts

Serving Size 1 Scoop (40.27 g) Servings Per Container 20

3		
Amount Per Serving	% Daily	Value
Calories	160	
Total Fat	3 g	4%†
Total Carbohydrate	13 g	5%†
Dietary Fiber	4 g	14%†
Total Sugars	2 g	*
Includes 2 g Added Sugars		4%†
Protein	20 g	40%†
Vitamin A	225 mcg RAE	25%
(as Vitamin A Palmitate)		
Vitamin C (as Ascorbic Acid)	22.5 mg	25%
Vitamin D (as Cholecalciferol D-3)	5 mcg (200 IU)	25%
Vitamin E	3.75 mg	25%
(as d-alpha Tocopheryl Acetate)		
Vitamin K (as Phytonadione)	30 mcg	25%
Thiamin (as Thiamin Hydrochloride)	0.3 mg	25%
Riboflavin	0.325 mg	25%
Niacin (as Niacinamide)	4 mg	25%
Vitamin B-6 (as Pyridoxine Hydrochlo	oride) 0.425 mg	25%
Folate (Folic Acid)	100 mcg DFE	25%
	mcg Folic Acid)	
Vitamin B-12 (as Cyanocobalamin)	0.6 mcg	25%
Biotin	7.5 mcg	25%
Pantothenic Acid	1.25 mg	25%
(as Calcium D-Pantothenate)		
Calcium	130 mg	10%
(as Calcium Carbonate & Monocalc	ium Phosphate)	

Amount Per Serving	% Daily \	/alue
Iron (as Ferrous Sulfate)	4.5 mg	25%
Phosphorus	350 mg	28%
lodine (as Potassium Iodide)	37.5 mcg	25%
Magnesium	105 mg	25%
Zinc (as Zinc Oxide)	2.75 mg	25%
Copper (as Copper Gluconate)	0.225 mg	25%
Manganese (as Manganese Sulfate)	0.575 mg	25%
Molybdenum (as Sodium Molybdate)	11.25 mcg	25%
Sodium	200 mg	9%
Potassium	235 mg	5%

Organic Fruit& Vegetable Blend (as Apple [Malus domestica][fruit], Kale [Brassica oleracea acephala][leaf and stalk], Broccoli [Brassica oleracea Botrytis cymosa][floret and stalk], Spinach [Spinacia oleraceal [leaf and stalk]. Carrot [Daucus carota][root]. Parsley [Carum petroselinum][leaf and stalk], Beet [Beta vulgaris][root], Green Cabbage [Brassica oleracea L. var. Capitata][leaf], Blueberry [Vaccinium spp.][fruit], Raspberry [Rubus idaeus][fruit], Strawberry [Fragaria spp.][fruit], Tomato [Lycopersicum esculentum][fruit])

Digestive Support Blend Prebiotic Xylooligosaccharides (as Organ	1 g	*
Prebiotic Xylooligosaccharides (as Organ	ic PreticX")	
Organic Botanical Blend	600 mg	*
Matcha Powder (Camellia sinensis)(leaf)	500 mg	*
Cordyceps Mushroom	100 mg	*
(Cordyceps militaris)		
Omega-3 Fatty Acids	250 mg	*
(as Organic Milled Golden Flaxseed [Linux	m usitatissim	um])
† Percent Daily Values are based on a 2,00	0 calorie diet	

* Daily Value not established

OTHER INGREDIENTS: OrganIQ Plant-Based Protein Blend (Organic Pumpkin Seed Protein [Cucurbita spp.], Organic Pea Protein [Pisum sativum], Organic Rice Protein [Oryza sativa]), Natural Flavors (Organic Natural Mixed Berry Type Flavor and Other Natural Flavors), Organic Cane Sugar, Citric Acid, Organic Arabic Gum, Organic Purple Sweet Potato Juice (Color), Organic Stevia Extract, Organic Guar Gum, Sea Salt.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately

No Artificial Sweeteners, No Artificial Colors, No Artificial Flavors, Gluten Free, No Soy.

NOTICE: Use as a food supplement only. Do not use for weight reduction. Significant product settling may occur.