

SUGGESTED USE: As a dietary supplement for adults, take two (2) tablets daily, preferably with a meal or as directed by a healthcare practitioner.

Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, or planning to undergo any clinical lab testing, please consult your healthcare practitioner before taking any dietary supplement. Some supplements may interact with certain medications and/or interfere with certain lab tests. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Not intended for use by persons under the age of 18. Store at room temperature. Do not use if outer seal is missing or damaged.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

Ester-C® is a registered trademark of The Ester C Company.

†Albion® is a registered trademark of Albion Laboratories, Inc.

††Naturally occurring.

†††Not Genetically Modified, Soy from Nature®

For more information, call toll-free

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OMNIUM®

PHYTONUTRIENT COMPLEX
MULTIPLE VITAMIN
AND MINERAL FORMULA
DIETARY SUPPLEMENT
90 TABLETS

SUITABLE FOR VEGANS
GLUTEN, WHEAT & DAIRY FREE
Non-GMO



CAREFULLY MANUFACTURED BY: SOLGAR, INC.
500 WILLOW TREE ROAD, LEONIA, N.J. 07605 U.S.A.

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 45

Amount Per Serving	%DV	Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A4,500 mcg500%		Iron (as iron bisglycinate chelate†)9 mg50%		Broccoli Cruciferous Extract50 mg*	
(as natural beta-carotene)		Iodine (as potassium iodide)150 mcg100%		Phosphatidylserine Complex50 mg*	
Vitamin C300 mg333%		Magnesium37 mg9%		(phosphatidylserine 10 mg [20%])	
(from Ester-C® as calcium,		(glycinate amino acid chelate†,		N-Acetyl-L-Cysteine50 mg*	
magnesium, zinc ascorbates)		magnesium ascorbate, oxide)		Citrus Bioflavonoid Complex50 mg*	
Vitamin D5 mcg (200 IU)25%		Zinc15 mg136%		Polyphenols (from green tea leaf20 mg*	
(as ergocalciferol)		(as glycinate amino acid chelate†,		and grape seed extracts)	
Vitamin E201 mg1,340%		zinc ascorbate)		Alpha-Lipoic Acid10 mg*	
(as d-alpha tocopheryl succinate)		Selenium (as L-selenomethionine)70 mcg127%		Coenzyme Q-1010 mg*	
Vitamin K (as phytonadione)20 mcg17%		Copper1.5 mg167%		Quercetin10 mg*	
Thiamin (as thiamin mononitrate)30 mg2,500%		(as glycinate amino acid chelate†)		Co-Carboxylase1 mg*	
Riboflavin35 mg2,692%		Manganese2 mg87%		Pyridoxal-5'-Phosphate1 mg*	
Niacin (as niacinamide, niacin)60 mg375%		(as glycinate amino acid chelate†)		Riboflavin-5'-Phosphate1 mg*	
Vitamin B6 (as pyridoxine HCl)50 mg2,941%		Chromium (as chromium picolinate)100 mcg286%		Carotenoid Mix172 mcg*	
Folate666 mcg DFE167%		Molybdenum50 mcg111%		(alpha and beta-carotene, lutein,	
(400 mcg folic acid)		(as glycinate amino acid chelate†)		zeaxanthin, cryptoxanthin)	
Vitamin B12 (as cyanocobalamin)100 mcg4,167%		Sodium††10 mg<1%		Nickel (as nickel sulfate)5 mcg*	
Biotin (as D-biotin)100 mcg333%		Potassium10 mg<1%		Vanadium (as vanadyl sulfate)5 mcg*	
Pantothenic Acid80 mg1,600%		(as potassium glycinate complex†)		Boron (as boric acid)0.5 mg*	
(as D-Ca pantothenate)		Inositol75 mg*			
Choline (as choline bitartrate)75 mg14%		Soy Germ Extract†††50 mg*			
Calcium35 mg3%		Standardized Turmeric Extract50 mg*			
(as calcium ascorbate, glycinate amino acid chelate†)		(curcuminoids 46.5 mg [93%]) (root)			

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid, Grapeskin (color), Mannitol, Maltodextrin, Vegetable Glycerin, Titanium Dioxide Color, Glycine.

Contains soy ingredients.

FREE OF: Gluten, Wheat, Dairy, Sugar and Artificial Flavor.

