

Suggested Use: Take 1 capsule 30 to 60 minutes before bedtime, or as directed by a healthcare professional.

**Store at room temperature.
Keep away from children.**

Self Health Resource Center®
(866) DR-CLARK (372-5275)
www.DrClarkStore.com



Our products don't contain flow agents like Magnesium Stearate. Not now, not ever.



DR. CLARK STORE®

LEADER IN PURITY

Established by Dr. Clark's Family in 1993



Melatonin

 Promotes Sleep® 

Dietary Supplement

3 mg | 50 Capsules

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 50

Amount Per Serving	% Daily Value
Melatonin	3 mg †

† Daily Value not established.

Other Ingredients: Rice Flour, Gelatin Capsules.

Warnings: Do not drive or operate machinery after taking this product. If you are pregnant, nursing or taking any medications, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Company does not adopt any Dr. Clark claims.