

Supplement Facts

Serving Size 1 capsule

Servings Per Container 100

Amount Per Serving	% DV
Niacin 100 mg	500%

OTHER INGREDIENTS: Magnesium carbonate, gelatin (Kosher & Halal certified), water.

Niacin

standard
VITAMINS

Vitamin B3

100 mg per capsule

Vitamin B3 is necessary for the normal functioning of the digestive system and the conversion of food to energy. It promotes normal levels of cholesterol and healthy skin and nerves.*

DIETARY SUPPLEMENT
100 CAPSULES

10

** These capsules will disintegrate in the digestive tract within 10 minutes after swallowing.

DIRECTIONS: Take 1 capsule daily, or as directed by your health care professional. Store container tightly closed in a cool, dry place. Keep out of children's reach. Pregnant or nursing women, or anyone taking medication or who has a medical condition, should consult a health-care professional before using this or any other dietary supplement.

NOTE: Niacin can cause a hot skin flush, which disappears after some minutes.

QUALITY GUARANTEE: Certified potency and purity. Satisfaction guaranteed.

ALLERGEN STATEMENT: This product does not contain any of the major food allergens: milk, egg, fish, crustacean shell fish, tree nuts, wheat, peanuts and soybeans (see www.fda.gov). Gluten free.

* THESE STATEMENTS HAVE NOT BEEN APPROVED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.