



* An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline.

* When used in conjunction with an exercise program.

* In an 8-week, randomized, double-blind, placebo-controlled study of 30 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group.

* In a randomized, double-blind crossover clinical trial that included 20 recreationally trained, healthy male subjects, those taking 10 g whey protein isolate plus 10 g leucine immediately post-workout showed significant increases in key protein (p70S6 & p95) associated with muscle protein synthesis.

Products bearing this logo have been tested for banned substances by LEC Science, Inc., a world-class anti-doping lab. *Product was tested for over 145 banned substances on the 2017 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307. See gnc.com for more information.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
For More Information:
1-888-462-2548
GNC.com
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA



ADVANCED MUSCLE PERFORMANCE

WHEYBOLIC™
CLINICALLY PROVEN PERFORMANCE PROTEIN

Proven to Increase Muscle Strength & Size in Just 8 Weeks**
Ultra-Pure, Fast-Absorbing Whey Protein Isolate & Hydrolysates



BANANA MILKSHAKE
NATURAL + ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT

NET WT 54.23 OZ
(3.39 LB) 1537.50 G

40g PROTEIN

15g BCAA

10g LEUCINE

1g VELOSITOL®

CODE 386553 HSG
DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. Wheyboldic™ can be consumed first thing in the morning, pre-workout, and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily.

Supplement Facts			
Serving Size		1 Scoop (30.75 g)	2 Scoops (61.5 g)
Servings Per Container		50	25
Amount Per Serving		% Daily Value	% Daily Value
Calories		100	200
Total Fat	1g	1%	2%
Saturated Fat	0g	0%	0.5g 3%
Cholesterol	15mg	5%	25mg 8%
Total Carbohydrate	3g	1%	6g 2%
Total Sugars	1g	*	2g *
Includes Added Sugars	0g	0%	1g 2%
Protein	20g		40g
Calcium	105mg	8%	210mg 16%
Chromium (as Chromium Picolinate and Chromium Histidinate)	250mcg	714%	500mcg 1429%
Sodium	120mg	5%	240mg 10%
Potassium	140mg	3%	280mg 6%
Wheyboldic® Complex		11.2g	* 22.4g *
BCAA		7.5g	* 15g *
L-Leucine (from L-Leucine, Whey Protein Isolate, Hydrolyzed Whey Protein)		5g	* 10g *
L-Isoleucine (from Whey Protein Isolate, Hydrolyzed Whey Protein, Micronized L-Isoleucine)		1.25g	* 2.5g *
L-Valine (from Whey Protein Isolate, Micronized L-Valine, Hydrolyzed Whey Protein)		1.25g	* 2.5g *
Glutamic Acid and Glutamine (from Whey Protein Isolate, Hydrolyzed Whey Protein)		3g	* 6g *
Velositol® Amylopectin Chromium Complex		500mg	* 1g *
ProHydrolase® Protease Enzyme Blend (Proteases from Bacillus subtilis and Anonous comosus) (70,000 HUT/200 mg; 140,000 HUT/400 mg)		200mg	* 400mg *

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Wheyboldic® Protein Complex (Whey Protein Isolate, Hydrolyzed Whey Protein), Natural and Artificial Flavors, Creamer (Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols), Lecithin, Salt, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sucralose, Acesulfame Potassium, FD&C Yellow #5.

CONTAINS: Milk and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Gluten Free.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.

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Velositol® and its associated logo is a trademark of Nutrition 21, LLC. Velositol® is patent protected.



SUPERIOR PERFORMANCE PROTEIN
Enhanced with More LEUCINE & BCAA than Standard Whey Protein
Elevated Muscle Fuel with a Premium 4:1:1 BCAA Ratio for Muscle Growth & Recovery**
Features Only Premium, Ultra-Pure, Fast-Absorbing Protein
Only Whey Hydrolysates and a Clinical Core of Whey Isolate & Leucine to Improve Strength & Post-Training Anabolic Response**
Enhanced with VELOSITOL® & PROHYDROLASE®
To Accelerate Muscle Protein Synthesis & Absorption of Amino Acids for Efficient Use by Muscles**

USAGE BENEFITS
For Pre-Workout & Cardio
Clinically Proven Support for Strength, Performance & Stamina***
For Post-Workout & Cardio
Provides Fast-Absorbing Whey Isolate & Hydrolysates Plus BCAA to Fuel Anabolic Muscle Support & Recovery**
On Non-Training Days & Between Meals
Provides High-Quality Protein & Critical Amino Acids to Fuel Muscles while you Recover from Intense Training**

If it's on our labels, then it's in our bottles. Full dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performance protein available. Train harder.