

Supplement Facts

Serving Size 4 tablets
Servings Per Container 62

Amount Per Serving	% DV
Calcium 500 mg	50%
Magnesium 250 mg	60%
Iron 18 mg	100%
Zinc 14 mg	90%
Manganese 4 mg	200%
Copper 2 mg	100%
Potassium 45 mg	2%
Iodine 200 mcg	150%
Chromium 100 mcg	83%
Selenium 50 mcg	70%
Molybdenum 72 mcg	100%
Boron 1 mg	

* Daily Value not established.

INGREDIENTS: Calcium phosphate, magnesium citrate, cellulose (binder), calcium ascorbate, calcium carbonate, magnesium oxide, croscarmellose sodium (moisture control), potassium gluconate, potassium complex, vegetable stearic acid (lubricant), iron chelate, zinc chelate, potassium iodide, silicon dioxide (moisture control), vegetable magnesium stearate (lubricant), magnesium chelate, boron ascorbate, copper chelate, sodium complex, chromium chloride, sodium molybdate, sodium carboxymethylcellulose, dextrose monohydrate.

FULLY BONDED, TRUE AMINO ACID CHELATE

Minerals+

standard
VITAMINS

with trace elements

Minerals trigger many of the body's biological processes. They are needed to build bones and form hormones. Some are vital for energy production and normal nerve and muscle functions.*

DIETARY SUPPLEMENT
250 TABLETS

30
MINUTES

** These tablets will disintegrate in the digestive tract within 30 minutes after swallowing.

DIRECTIONS: Take 1-4 tablets daily, or as directed by your health care professional. Store container tightly closed in a cool, dry place. Pregnant or nursing women, or anyone taking medication or who has a medical condition, should consult a health-care professional before using this or any other dietary supplement.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

QUALITY GUARANTEE: Certified potency and purity. Satisfaction guaranteed.

ALLERGEN STATEMENT: Does not contain any of the major food allergens: milk, egg, fish, crustacean shell fish, tree nuts, wheat, peanuts, soy (see www.fda.gov). Gluten free.

* THESE STATEMENTS HAVE NOT BEEN APPROVED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.